



Regimental Matters

Retirement of the Regiment's First Regimental Standard Bearer

The presence of Standards at our Regimental events is always welcome. The Standard Bearers of our Regimental Associations rightly carry their standards with pride. The Royal Anglian Regimental Association, rather than a Branch of the Association, has had its own Standard since 2009. The first Standard Bearer was Peter Ward who served with the old 3rd Battalion and for 6 years since 2009 supported a multitude of Regimental Events. The photograph shows Peter returning the Standard to RHQ, on his retirement. A presentation was made to Peter from the Colonel of the Regiment and All Ranks, and we wish Peter well in his retirement.



Handover of Assistant Regimental Secretary

Maj Dick Gould finally retires and hands over as Assistant Regimental Secretary to Maj Bob Grenfell.



Bastion Wall Dedication Service 11 June 2015



The relocated Memorial Wall from Camp Bastion in Afghanistan was unveiled at the National Memorial Arboretum in Alrewas on 11 June 2015 during a Dedication Service, which was attended by the Regiment's bereaved families.

Brigadier James Woodham CBE MC represented the Colonel of the Regiment, with Major Tim Jones CO 1st Battalion Rear Ops Group and members of the 1st Battalion, and RHQ in attendance, to host our bereaved families. Prince Harry led a very poignant service which included a one minute silence in memory of the fallen. The VVIPS included the Prime Minister who met some of our families.

The Regiment has been informed of the following postings:

- Lt Col J CWright SOI Plans Oman Mar 16
- Maj (for Lt Col 16) P S Messenger Op Shader Iraq Jan 16

Diary Dates

July

25-26 Talavera Reunion, Northampton Branch

August

2 Association Minden Day

7 CC7 Sovereign's Parade

15 2 Royal Norfolk Lunch

15 FEPOW VJ 60th

September

6 Regimental Reunion

20 Regimental Chapel Sunday

25 Regimental Golf Society Autumn Meeting

26 Royal Norfolk Regimental Association Dinner

27 Regimental Association Service

1st Battalion (The Vikings)

A 'Norfolk' Company

A Company continue to conduct their Force Protection tasks at Camp Qargha and also providing Guardian Angels for the ANAOA Mentors. Additionally this month the company have been deployed in and around Kabul on various other tasks. There have been two deployments outside of Camp Qargha to support the mentoring of the ANA when they deploy on large scale exercises. There is no infrastructure there so the Vikings operate from a vehicle 'leaguer' (vehicles arranged in a defensive formation) for the duration of the deployment, usually 5 days. These deployments offer a welcome change of scenery and pace from the normal Qargha Force Protection tasks. The platoons have conducted patrols to the outskirts of the city to assess the level and effectiveness of the Afghan security on the periphery of the City. Again these have provided a welcome change to the routine of Qargha life and allow the soldiers to see more of the city and interact with the local Afghans. Despite the month being so busy the company has begun to prepare for the Queen's Birthday celebrations, which will include a volley ball competition, cricket (Australian vs UK, naturally) and as much British food and drink as we can get hold of.



B 'Suffolk' Company

B (Suffolk) Company are 5 months into the tour and most of the Company have cycled through rest and recuperation by now. The Coy continues to deliver Force Protection and Incident Response throughout the city to the highest of standards. It would be easy to become complacent but the Coy remains fully aware of the threat. We have responded to a few incidents when necessary but the Afghan Security Forces have primacy in the city. We continue to train for all eventualities, with both Platoons conducting Airborne Reaction Force training; the highlight being door gunning from a Puma helicopter. The platoons have also completed their 1.5 mile Operational Fitness Assessment. This involves completing the run in 15 minutes in full kit whilst carrying 25kg. This is no mean feat considering Kabul is at 6000ft, has some of the worst air pollution in the world and the temperature is in excess of 30C! Planning is in full swing for our return back to the UK and the handover to our successor Bn. In the next few months we will send a number of soldiers to the Platoon Sergeants' Battle Course, the Light Role Recce Commanders Course and the Fire Team Commanders Course.



C (Essex) Company Op Newcombe



June has been a busy month for C (Essex) Company. As well as being heavily involved in the International Humanitarian Law (IHL), training we have been teaching the officer cadets of the Malian officer academy and taking a lead on the Train The Trainer (T³) programme.

This training is all running concurrently, which gives a new dynamic to the way in which we have been delivering our lessons. Not only are we attempting to produce lessons for the officer cadets, but we are trying to also

demonstrate best practice for the T³ instructors so they can continue the training to the same standard once we have finished. At the same time we are learning more about the experience of the Malian armed forces as the T³ instructors talk of their time on operations in the north so that the officer cadets can see just how relevant the training is.

With officer cadet training now concluded we are expecting to receive a group of 350 NCOs from the NCO school in Banankoro. Of these the UK and Irish Infantry training team will head up the training for 120 NCOs, with help from the Spanish artillery, the German logistics and the Greek intelligence training teams.

D Company and ROG

June has seen D Coy and The ROG's high tempo continue with Minden and Gallipoli Platoons deploying 24 men to BATUS and D Coy deploying a Mortar line to support the RRF in their Collective Training Level 3 exercise. They have also competed in the Army Operational Shooting Competition after their success at the 7 Bde and I UK Div competitions. An outstanding achievement considering their limited numbers and time to prepare.



I Royal Anglian continue to lead the way with Reserve Integration. Javelin PI, Assault Pioneer PI and elements of Mortar PI deployed alongside 3 PWRR for 2 weeks in Spain. The exercise saw Vikings complete Collective Training Level 3 with the Spanish Army and 3 PWRR in the demanding La Molina region and St. Clemente Military Base.

The ROG and D Coy were fortunate enough to receive a visit this month from The Deputy Colonel

of the Regiment Brigadier Woodham CBE MC. He enjoyed meeting familiar Viking faces as well as spending time talking with the families of the Battalion. He was also pitted against some of our newest Vikings during a pistol shoot and fired a Javelin missile on the indoor simulator.

2nd Battalion (The Poachers)

2nd Battalion Regimental Cricket Tour in Bermuda



The Regimental Cricket Team arrived in Bermuda for the start of a 10 day cricket tour, and were immediately greeted by the Bermuda Regiment. We then travelled to Warwick Camp, where a rehearsal for the Queens Birthday Parade was taking place. Following a short orientation, and on completion of the rehearsal around 2300 hours, we were hosted in our respective messes. However, the jet lag soon caught up and the team retired to get some rest for the next day.

The following morning, after a quick dip in the sea, we moved to Rangers Cricket Club where we would be conducting our training throughout the tour; and playing a couple of matches. The training session was steady and allowed people to acclimatise to the ever increasing temperature and tropical conditions. It was good to play on a Caribbean pitch, however the bounce and pace was just as unpredictable as Kendrew Barracks.



In the afternoon we had a tour of the island, where we were shown all of the famous attractions, the tourist hotspots, and the quieter places the locals go. For an island so small, the history is rich and diverse and allowed all members of the party to see the whole island, before heading into the capital, Hamilton.



3rd Battalion (The Steelbacks)

Ex STEELBACK TYPHOON



Ex STEELBACK TYPHOON was held over the weekend of 12-14 Jun 15 with 3 R ANGLIAN being joined by a Platoon from our paired Battalion, 2 R ANGLIAN and 2 Officer Cadets from Cambridge University Officer Training Corps. The Weekend commenced with lesson on Demolitions, Patrol Skills and Fighting in Build up Areas (FIBUA) moving into an Exercise Phase which culminated with an Attack on Tottington Cottages. The weekend concluded with Roberts Trophy event - a Casualty Extraction.

Steelback Challenge

Steelback Challenge was a 540 mile bike ride within the Regimental recruiting area, including, Bury St Edmunds, Lowestoft, Norwich, Lincoln, Leicester, Cottesmore, Peterborough, Hertford, Horse Guards, Woolwich, Chelmsford then back to Bury St Edmunds.

