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CASTLE

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Queen Mother to attend 300th anniversary tribute

A 300th Anniversary Tribute to Great British Regiments will be presented at 17.30 hrs on 17 Jan. 85 in the Albert Hall, by the organisers of the Royal Tournament, in the presence of Queen Elizabeth, The Queen Mother. The Colonel of the Regiment

will be present. The Regiment will be represented in the arena by the Colours, Band and Drums and a small display party from the 2nd Battalion, along with other 1685 Regiments. Old Comrades' Associations, especially those of Norfolk,

Lincoln and Suffolk with their 1685 connections, are encouraged to organise groups to travel to what promises to be a very special occasion. Booking details are on page 11 and all proceeds will be in aid of regimental charities.

Methuen Cup winners



The Queen's Division won the Methuen Cup for 1984 at Bisley with a completely Royal Anglian team. Back row, left to right: WO2 K.C. Jones, LCpl D.G. Rolph, Sgt V. Anderson, Cpl C.L. Dickinson. Front row, left to right: Pte A. Melville, Maj A.P. Domeisen, Brig. M.E. Thorne and LCpl N.K. Scarboro.

Poachers' team wins Cambrian



The Poachers beat 16 teams to win the Regular Army Cambrian March - the grueling patrol competition held in the rugged mountains of Wales and probably the toughest competition of its type.

Beaten into second place were 45 Commando Group, while 1/10 GR were third.

In the TA section there were 14 teams. Lt David Cox and his 3 Pl team from the 7th Battalion did very well to come 5th, only 69 points behind the winners, while Lt Vincent and his 3 Coy section from the 5th Battalion came 9th.

While the competition demands basic patrolling skills and endurance, success depends on teamwork, initiative to counter tactical problems and excellence in the many skills described in the full story on page 6. In the words of Maj Gen Peter Chiswell, GOC Wales, "they showed guts, endurance and a high standard of training".

Members of the Poachers' team which beat 16 others to win the Cambrian March.

Exercise Lionheart



The training of the 2nd, 3rd, 5th and 7th Battalions came to a climax in BAOR in September when they took part in Exercise Lionheart.

Their activities are recorded elsewhere in this issue and there has also been wide press coverage, suffice to say that

all four battalions acquitted themselves extremely well, the 5th and 7th turning out in record numbers.

The accompanying photographs show a small cross section of activities on a very busy and rewarding exercise.



Above, left: RSM Eke of the Pompadours leads BGHQ over the AVLs. Centre: LCpl Peter Newton, 5th Bn Drums, fights the hearts-and-minds battle. Right: LCpl Andrews, of D Coy, Poachers, with his MILAN.



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Diary Dates

17th Jan, "Tribute to Great British Regiments" Albert Hall, 19th Jan, 2nd Bn Tercentenary Officers' Ball, 22nd Feb, 7th Bn Lady's Ball, Leicester, more dates p.17

Mainly about people...

Past and Present dinner

SOME 276 members of the Past and Present Dinner Club sat down at Basingbourn on 20 Oct. under the chairmanship of Lt Gen Sir John Akehurst, including two minibus loads of Pompadours under Maj Stan Bullock and WO1 Eke who crossed from Minden that day.

The Regiment is most grateful to Lt Col Wellwood, WO1 Edmonds and, in particular, the staff of the WOs and Sgts' Mess and the cookhouse for their considerable help.

The fact that the club flourishes has been largely due to his interest and enthusiasm and he will be much missed.

Over the port, the dinner chairman gave a rousing and amusing talk, followed by Maj Tommy Warren who, sadly, has decided to retire from the post of chairman of the club in 1985.

Regimental occasion

THE Regimental Dinner on 2 Nov. was attended by 128 Officers at the Naval and Military Club. The Colonel of the Regiment presided and welcomed Maj Gen Sir Christopher Welby Everard and Brig Peter Barclay as guests. As Lt Gen Sir Richard Goodwin was also present, this meant that the presidents of our three 1685 Regiment OCAs were all present to give a good start to our tercentenary year.

The next dinner will be on 1 Nov. 85.

Danny Bebbington retires

DANNY Bebbington who joined 1 Beds & Herts in 1938 as a boy, has retired.

By 1946 he was a WO2 and saw service in Tripoli, MELF and BAOR with 1 Beds & Herts as WO2 and RQMS, marching in their Coronation Detachment. In 1957 he was promoted Lt (QM) and joined 1/3 E Anglian for service in BAOR and Malaya before a spell with 4/5 Essex TA.

There followed a variety of appointments before he transferred to RARO as a Major (QM), to be appointed permanent staff QM of the 6th Battalion with whom he served until 1984. He was appointed MBE in 1969 for his services to the Regular Army. Danny will continue to live near Bury St Edmunds. We wish him a happy retirement.



Expedition in Antarctica

LT. RICHARD Clements left for Brabant Island in November to join the third leg of the Joint Services Brabant Island Expedition where he will

stay until picked up by HMS Endurance at the end of March. He is seen here training off the West Coast of Scotland, where he com-

pleted several trips of over 100 miles in fairly testing conditions. We wish him well in the Antarctic and look forward to hearing about his trip.

Terry Calver

It is with great sadness that we report the sudden death of the chairman of the Royal Anglian Regiment Association Club ex WO2 Terry Calver BEM. He was a well-known and respected member of the Suffolk Regiment who will be remembered by many as the Officers' Mess manager of the Depot when at Blenheim Camp. Our sympathies go to his widow.

Officers encouraged to take up RUSI membership

THE RUSI is located in Whitehall and exists for the "promotion and advancement of the military sciences and literature in their proper political, economic, social and technological context".

Membership includes receipt of the quarterly RUSI Journal, regular seminars and the use of an excellent library.

For serving members a tax rebate may be claimed on the £13 membership fee and railway warrants may be used to attend seminars.

Serving officers are strongly encouraged to join and may get membership forms from orderly rooms or direct from the RUSI, Whitehall, London SW1A 2ET.

Uniform shop to be set up at Regimental HQ

WITH the high cost of uniforms it has been decided to establish a small shop at RHQ where uniforms may be left for sale. We envisage the main items for sale being Mess Kit and SD, but items such as hats, belts and swords will also be acceptable. Periodically a list of items available will be circulated to battalions, the Regimental representative at RMA Sandhurst and cadets, showing what is available. The ground rules are that:

- All items should be in wearable condition and, in the case of uniforms, have been cleaned. An indication of size will help advertising.
- Owners should indicate

Congratulations

Congratulations to Sgt F. Rimmer of the Poachers for the award of the Queen's Gallantry Medal for services in Northern Ireland.

Congratulations also to Brig Patrick Stone who has taken over as Commander Berlin Inf Bde, to Brig Tony Pollard who now commands the School of Infantry, to Brig Michael Aris who is BGS Reserves and to Lt Col David Harris who has taken over the 7th Bn from Lt Col Hugh Lambert.

Maj Brian Parsons and his wife Denise have been visiting friends while on leave from Australia and called in for lunch at RHQ: he would be pleased to see anyone visiting Melbourne.

Congratulations on a family double to Jean Orpen-Smellie for being selected to shoot for Wales and Lt Col Larry Orpen-Smellie for being selected to represent England in Jersey.

Maj Gen Keith Burch will be Director (Personnel) in MOD from Jan 85 following the staff re-organisation. This will bring his service in the Main Building to what must be a record total of 13 years by the time he retires in May 86!

We were glad to hear from Lt Col Jonathan Hall-Tipping in October when he visited England from his home in America and understand that he had a very enjoyable visit to the Pompadours.

Lt Col David James has been appointed SO1 TA at HQ Eastern District and so

will continue his close association with our TA battalions.

We wish Capt Peter Keale and Capt Peter Randall well on their retirement.

Welcome to Lt David Coe (ICIT), Lt Anthony Powell (1st Bn) and Lt John Fisk (1st Bn) on commissioning.

Congratulations to Luke Crawley and Andrew Foster on gaining Cadetships and being commissioned into the Regiment, and to Andrew Dyer, Mike Partington, Paul Marshall, and David Simons on their Bursary Awards (we mentioned Victor Gysin in the last issue).

Congratulations to WO1 G N Taylor, RSM 7th Battalion, on his selection for a Short Service Commission in 1985 and to Capt John Ross on his selection for a QM's Commission.

Obituaries

Brig Brian Emsden

WE sadly record the death on 12 Nov of Brig Brian Emsden, well known throughout the Regiment as an old Commanding Officer of the 1st Battalion, as Brigadier Infantry in BAOR and a keen horseman.

Commissioned from Sandhurst into The Royal Norfolk Regiment in 1948, he saw service in Korea, with the Nigerian Forces and as BM of 148 Inf Bde, taking command of the 1st Battalion in Sep 67 in Celle, shortly before the move to Cattenack.

Following spells on the Staff in HQ 1(BR) Corps, BAOR until he retired.

He will be sadly missed and our sympathy goes to Julia and the family.

It is with great sadness that we have to report the death of Lcpl Simon Cooper who was killed in a motorcycle accident on 25 Aug. 84. The memorial service was held on 6 Sep. at the Colchester Garrison Church where the Battalion attended to pay their last respects to a fine soldier and a great Poacher boxer.

We also have to report the death of Pte Paul Linnett of the 7th Bn in a traffic accident on 29 Jul.

Our sympathy goes to their families and friends.



Danny Bebbington who has retired.



News from the Vikings



Escort for the Colour in Line. Officers from left: Maj Richard Haes, 2Lt Duncan Gregory, 2Lt Bill Howard (Colour), Maj David Phipps and Lt Simon Rees.

Royal celebration of tercentenary

AUGUST 1 1984 - 300 years on and still going strong. The 1st Battalion celebrated its tercentenary a year early because we would have been unable to do it full justice with our Northern Ireland commitments next year.

Not wishing to waste a moment of excitement on Minden Day, Drums Pl, with Viking Warrant Officer K.C. Jones in front mounted on a horse, gave the Commanding Officer and his family a rousing early call at 0530 hours. It is not true that KCJ was

tied to the horse, rumour has it he fell off twice. Following their Sunray's lead, the officers eagerly gathered in company lines for the traditional dispensing of gunfire. Thus the great day broke bright and hot. In keeping with a slightly more recent tradition, Sp Cox went for their early morning run - one wonders if that will stand the test of time so well!

At 0930 hours the battalion paraded by companies for Maj. Gen Sir David Thorne to present Minden Roses to each soldier and to renew old acquaintances. At 11.00 hours the battalion marched on parade against the backdrop of a castle façade. The dust kicked up by the four guards made the parade ground look more like the maidan of another period in our history.

The Deputy Colonel-in-

Chief, Princess Margaret, arrived by helicopter and was escorted to the Royal dais by the Deputy Colonel. The Commanding Officer, Lt Col Tony Calder presented the battalion and the inspection followed. With the sun gleaming from highly polished leader and glinting

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Princess Margaret escorted by Maj Gen Sir David Thorne.

Above, the CO Lt Col Tony Calder presents the battalion. Below, Princess Margaret inspects Support Company.



The Band and Drums.



A Coy provides Escort for the Colour, Maj David Phipps.



No. 2 Guard (B Coy) commanded by Maj Tony Slater. From left/ Sgt Soames, Lt Piers Pollard, WO2 (CSM) Horrell, Maj Slater and Lt David Willis.

News from the Vikings



Princess Margaret meets some Chelsea Pensioners.

Three cheers for princess

Continued from Page 3

medals, all the individual effort and pride that had gone into preparation was evident. A Coy, commanded by Maj. David Phipps, had the honour of providing the escort for the Colour. RSM Tony Powell handed over the Colour to 2Lt Bill Howard, and then, led by Lt Simon Rees the Colour was Trooped – a nostalgic experience for many amongst the large audience of Regimental senior citizens who had gathered to watch, but a new and unforgettable one for the majority of those on parade. Back in line once more, the battalion marched past in slow and quick time, led by Drum Major Hilton and Bandmaster WO1 Wallis, and the resplendent Band and Drums in their scarlets

and spiked helmets. The old adage of "bad rehearsal, good parade" was true. The lines held straight exemplified by the Escort for the Colour as they advanced in line led by OC A and the 2IC, Maj Richard Haes, with WO2 CSM Tiny Smith and CSgt Chico Duncan being the anchor men at each end of the line. Princess Margaret appeared to be well satisfied with the steadiness of her battalion on that day.

After advancing in review order and giving three cheers for the Princess, it was with reluctance almost that the battalion marched off parade. Maj. Peter Ferrary, Lt Duncan Venn and 2Lt Edward Thorne leading No 4 Guard, maintained the high standard of performance to the last man, as they marched through the Castle gates and

into Regimental history.

The appreciative audience was an important factor in giving the battalion the confident feeling of playing on their own ground in a match they could not lose. It was a pleasure to see such a large gathering of Old Comrades from Norfolk, Suffolk and Cambridgeshire and many Regimental dignitaries, including past Colonels of the Regiment, as well as Chelsea pensioners and many more recently retired of all ranks. Represented too were the civic dignitaries of all the boroughs who have granted the battalion their Freedoms, some of which we had exercised within the previous month. It is hoped that Minden Day will become increasingly the focal point for the family reunion.

The Royal party moved to



No. 4 Guard march off. Officers: Lt Duncan Venn, 2Lt Edward Thorne and Maj Peter Ferrary.



Lt Col Monty Case and other Suffolk OCA members.

the Warrant Officers and Sergeants' Mess for a photograph and then on to the Officers' Mess to meet the battalion officers and their wives before going into the marquee for lunch. After this was the Officers' Mess photograph. Without much respite the programme continued with a colourful pageant. The backdrop was the castle, the

period circa 1685 and the plot was the forming of the Regiment. Many members of the battalion and their families dressed in period costume to play the characters of a typical East Anglian village market scene. Most people made their own costumes, with Mrs Anne Spalding, wife of QM Capt David Spalding, giving a great deal of help to

achieve a most effective and authentic picture. Monks, wrestlers, jugglers and tumblers, publicans, magicians, morris dancers and ordinary folk were portrayed. To provide a link between the groups of activities a professional group of dancers flitted around giving the whole thing a bit of body and some bear baiting!

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In review order – three cheers for Princess Margaret.

News from the Vikings

Continued from Page 4

Throughout this colourful episode, a late 17th Century style KAPE tour was in progress, recruiting a number of good fellows to form the new Regiment, not all from the stocks and drinking houses, even in those days. It was led by Lord Cornwall, alias LCpl Manes, who demonstrated an unusual and hitherto well-concealed equestrian skill. His Adjutant (Cpl Preston) was clearly left wrong-footed by his commander who set a pace that his men found hard to follow. He still proclaims that it was all the horse's idea and that he was not trying to emulate anyone in particular. Having completed their frolics, the merry group trooped off to the applause of a very appreciative audience. The finale to the pageant was a presentation of a bunch of red and yellow roses to Princess Margaret by Michael Hilton, son of the Drum Major, dressed in period uniform.

Princess Margaret was introduced to the Chelsea pensioners, who had rejoined the battalion for the day, and she also went walk about among the pageant players and families, finally driving away at 3 p.m. along the route to the airfield lined with cheering

families, soldiers and visitors.

The day was not yet done. After a brief respite, which included a stampede to the television set to watch the action replay on the news, the Officers and the Warrant Officers' and Sergeants' Mess began their tercentenary Minden Balls from which few emerged much before daylight, except those with enough energy to leap around on the inflated castle at the Officers' Mess.

2 Aug, not suprisingly, started in much slower time and was designed for the families and children to enjoy. There were side stalls and funfairs to suit most tastes. The parade ground easily converted to an arena for dog team displays, a free-fall parachute demonstration by the battalion free fall club, and a team of clowns to entertain. Overhead (mostly) Britain's entry for the world aerobatics championships, being held in Czechoslovakia, gave a thrilling display of aerial gymnastics. The more courageous had the chance of a flight in a quaint bi plane, but without the dips and bumps.

That evening was the All Ranks Ball, held in the tents around the parade ground with a carabiet and barbecue.

The weather remained kind for a magnificent firework display based around the castle façade. The highlight was a firework battle between a sparkling tank and a dazzling infantryman with an anti-tank launcher - leaving little doubt as to who won, the tank brewed up in a most spectacular fashion, but not before a few "overs" nearly set fire to the marquees in the background.

An exciting and colourful display to end a most memorable Minden Day. The locals are certainly very happy that it only happens once every 300 years - unless 2 Queens are planning theirs next year in Oakington. By the end of 3 Aug. there was nothing to show for the 50 four-tonner loads of stores, tents, chairs and so on that had set the stage - except a few bare patches on the sports field.

The disappearance of the ceremonial trappings was the signal for the battalion to begin work in earnest for the forthcoming tour to Northern Ireland with Londonderry again the destination. Sharpening up the shooting took first priority with a secondary aim of finding some new blood to reinforce the battalion shooting team which



again achieved a commendable result in the Bisley ARA competition. (A summary of the results was in the August Castle).

The 1st Battalion won the Jourdiar Cup for the fifth year running with a score of 163, the battle for second place, some 30 points behind, was contested by 2 and 3 R. Anglian. No other unit has yet won the trophy but we suspect that the competition is beginning to warm up with our rivals seeking to take advantage of our NI handicap next year.

After a well-earned block leave, the battalion launched into the NITAT training package, converting the peaceful township of Longstanton into Oakington. The locals lacked some mental agility and took a while longer to adjust to the new street names. They also showed a natural handicap when it came to abusive background noise which was somewhat unrealistic. They are also not very forthcoming with tea stops, but that probably is realistic. From company training at Longmoor ITA (B and C), Rype Village (SP) and Stanford for all companies, the battalion moved into the final training period with two weeks at Lydd and Hythe ranges followed by a final week at Stanford. Intermingled with this has been the packing up ready for the move and the farewell cocktail party in the Officers' Mess which 140 people attended. Sadly, for the first time in a long while the weather got the better of us and the Beating Retreat was cancelled.

With the move to Northern Ireland in mind, who in 1685 would have considered that the battalion which did its first operational tour on Irish soil in 1687 would be repeating it almost 300 years later. We are also the first battalion to have the privilege of doing two resident tours in the province in the present run of troubles.

Every Adjutants dilemma. Cpl Preston wrong-footed by Lord Cornwall, when his horse bolted.



Michael Hilton makes his royal debut in traditional style.



A fine body of men well almost.



LCpl Norman - butcher or rat storeman?



Cpl Swaep and Pte Bester make a right pair of hoods.



News from The Poachers



Above: Early morning ablutions for Cpl Carter while Sgt Ablitt keeps watch before brushing up on their German (below) while waiting for a bus.



FOR the first time since 1971 a British Infantry Unit has won the Cambrian March Patrol competition. Against all the odds the Poachers wrested this coveted military skills trophy from the Royal Marines and the collective efforts of 16 other teams.

The CMPC has been held every October for the past 24 years in central and south Wales and is designed to test nine man patrols in arduous conditions in a wide range of military skills. The competition is open to all units in the armed forces and NATO and this was the first attempt by a Poacher team.

A team of 15 'hopefuls' was selected and trained over a

four week period in the Welsh mountains around Sennybridge. The extremely demanding training resulted in the nine man team, under Capt Roger Antolik, having selected itself through the principle of survive or die! (It comprised: A Coy - Sgt Tom Rogerson, Cpl Mick Abbs, LCpl Clive Caster; B Coy - Ptes Richard Thorpe and Simon Pearson. C Coy - Ptes Phillip Thompson (radio) and Arthur Athroll; Milan, Pte Michael Hagon (GPMG); Reserves - Ptes White (Mors), Fraser (C Coy) and Williams (B Coy).

The competition took the form of a long range patrol involving 21 different skills, including signals, OPs, first aid, reporting skills, patrol base routine, personal admin, cooking, shooting, defence procedures, AFV recognition, agent contacting, mine-field crossing, river crossing (with a very small boat!), orders and tactical movement both by day and night.

But the prime requirement was for the patrol to move quickly and navigate accurately on featureless and mountainous terrain, by day and night, under terrible weather conditions. It was here that the Poacher team excelled. The total weight of equipment, ammunition, food and weapons for each man varied between 65 - 80 lbs.



Maj David Greenfield enjoys his relaxation before heading off to the UDR in March.

Victory at first attempt

Psychological preparations played a great part and in the event the team agreed that the training had been far harder than the demands of the actual competition.

In the first three days 45 Marine Commando pulled into an 18 point lead (out of a possible 1250) with the Poachers in second place. During the final night, and with just three phases left, the team went into overdrive and set out to win the final phases: defence, shooting and forced march. At that stage none, except the team, believed the Marines could be caught.

During the defence phase the Poacher team established one of the finest prepared positions anyone had seen - having worked non-stop for 11 hours and being the only team to finish the task. Poachers took second place in the shooting (well ahead of the Marines) and put in the fastest time for the speed march and 1½ mile stretcher carry to again beat the Marines by just 20 seconds.

The final result astounded the packed Sennybridge Camp by its closeness: 1 - Poachers 1324, 2 - 45 Commando Group Royal Marines 1319½, 3 - 10 Gurkha Rifles 1274.



The split hairpin trench under construction.

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Ex Lionheart tops training schedule

The major training event since the last issue has undoubtedly been Exercise Lionheart when the Battalion deployed, complete, to Ger-

many for its part in this important exercise.

Up to then we had had a busy time with CPXs and FTXs at Battalion and Brigade level at Stanford. All this culminated in Exercise Panthers Cub, a rather energetic exercise in 80 degree temperatures in full NBC kit! There was just time to fit in a week's Northern Ireland training at Lydd/Hythe with lots of cobwebs being blown away on those excellent ranges. In between times we were visited by the Corps Commander, and Lt Gen Sir John Akehurst in Colchester, who attended a presentation of a silver baton to our retiring, long serving Bandmaster WO1 Joseph.

Exercise Lionheart was next and seemed to go off well, at least according to the chief umpire, Maj Gen Sir David Thorne, who thought we were the best trained Battalion on the exercise. The Battalion itself spent half its time in well dug in positions from which we managed to defeat all that was thrown against us includ-

ing, on one night, 288 American and German armoured vehicles.

We then went on to do a night assault river crossing, clear woods and advance to contact against a motley array of Germans and Americans. We had a mass of visitors during our time there but were especially pleased to see Lt Gen Sir John Akehurst, Maj Gen Sir David Thorne and Maj Gen Dick Gerrard-Wright, all former Commanding Officers of the Regiment who met many old friends. Our civilian visitors included Mr. Peter Walker, Secretary of State for Energy, and Lord Elton, taking time off from solving the miners dispute.

The major success stories of the last four months, apart from our performance on Exercise Lionheart, were in shooting and military skills. We continued on from our shooting success in Cyprus with the Bisley team having one of the most successful years of any Battalion of any

Continued on Page 8



The voice of experience - WO2 Charles Tapp from Towcester.



Above: Secretary of State for Energy Mr Peter Walker with the CO during Exercise Lionheart.



Right: LCpl Cole and Cpl Mallam, D (Sp) Coy Milan PI removing one of the more uncomfortable rocks from their trench.

A History of Great Warley

A HISTORY of the parish of Great Warley has just been published. With the help of relevant extracts from the Domesday Book and contemporary manuscripts it gives some idea of the life of the inhabitants from mediaeval times to the present day. Of particular interest are three chapters devoted almost entirely to the military presence in the parish. In 1740 Warley Common became a training ground for the militia

and subsequently camps were set up annually for the regular army. King George III visited one of these camps in 1778, the same year in which the great Dr. Johnson also paid a visit.

Just before Waterloo, permanent barracks were built on the Common to be occupied by the East India Company and later the Essex Regiment. A detailed history of the 1st Battalion (The Little Fighting Fours)

and the 2nd Battalion (The Pompadours) and life in Warley Barracks makes interesting reading and is well illustrated with a number of old photographs.

"Warley Magna to Great Warley" is published by the Dickens Publishing Company. The hard-backed edition is £6.50. Copies can be obtained from the author, G.C. Harper, Little Foxes, Great Warley, Essex.



TAC 1, Exercise Lionheart.



TAC 2, Exercise Lionheart.

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News from The Poachers



The fox in hot pursuit in Ex Panther's Cub.



Maj Gen Dick Gerrard-Wright visits the battalion.



Despatch riders study their maps in Ex Panther's Club.

Continued from Page 7

Regiment ever by coming third in the Major Units Competition, having the Queen's Medalist in Cpl Scarboro and winning five major individual trophies including the Whitehead, the Roberts, the Moving Target, the Roupell and the Watkins. It was also a great source of pride to the Battalion that it was a team effort and not just some brilliant individuals, as seven members came in the top 55 of the Army 100. Add to this the squad had B Class individual entries both in their first two years' service who came in 200 and 207th. A remarkable year by any standard. This success was immediately followed up after Exercise Lionheart by Capt Roger Antolik's outstanding team who took the

Cambrian March Patrol Competition at their first attempt. Supporting success in cricket (quarter finals of the Army Cup) and tug-o-war (2nd in UK) also added to a good summer.

On returning from Germany the Battalion immediately geared up for Op Spearhead and are now ready to go anywhere in the world, but are privately hoping that we will not so that we can enjoy our first Christmas in England for seven years.

Going on at the same time are all our training cadres and an adventurous training camp in Wales at Capel Curing for 90. No peace for the wicked as next year we are off to America and Jamaica on exercises and celebrate our tercentenary.



OC C Coy explains his TAOR to OC D (Sp) Coy.



Sgt Phillips prepares his fire plan.



LCpl Alan Denton (C Coy) married Miss Jane Little on 6 Oct. at Clacton.



Lt James Weaver of the Royal Australian Regiment in Ex Long Look in preparation for Op Spearhead.

News from The Poachers



Lt Gen Sir Martin Farndale visits the Recce Pl with the CO.



Poachers Potential NCOs Cadre.



Children join in the Talavera Day celebrations.



CSgt Dave Moore briefs D (Sp) Coy on surface mine laying.



Retiring Bandmaster WO1 Joe Joseph sings The Poacher for the last time.

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For Love of Regiment

GREGORY Blaxland is writing "For Love of Regiment, a history of the British Infantry", and is keen to include outstanding examples of love shown for Regiment, not just deeds of valour, but also acts of devotion that may have escaped mention in history books, especially covering the period 1919 - 39.

Please send any contributions to Gregory Blaxland, Lower Heppington, Street End, Canterbury.

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News from The Pompadors



Maj. Peter Dixon encourages the 'A' team during the Connaught Shield medical skills competition.

Competition success run is maintained

HAVING enjoyed considerable competition success in the first half of the year, the Pompadors have continued in much the same vein.

In early July, our two entries took first and second place in the Brigade level of the Connaught Shield medical skills competition. The swimming team, having won the 4 Armoured Division Competition went on to Berlin where we came second in the BAOR championships and qualified for the army finals in UK later on in the month.

Shortly afterwards, the Battalion was involved in the Min-

den Garrison sports day, where the Companies took the 1st, 2nd, 3rd, 6th and 10th out of 22 entries.

During all this hectic sporting activity, C Coy were made responsible for the management and staging of the Biennial Minden Massed Bands display; staged to repay hospitality and thank the citizens of Minden and Lubbeck for their forbearance and support. In addition to our own Band and Drums, musicians, buglers and drummers from eight other Bands performed in an evening long programme, culminating in the massed bands playing Handel's Firework Music, complete with an impressive firework display.

The latter part of July was spent field firing and the whole battalion with its APCs, moved to Sennelager for two weeks. The programme consisted of individual, section and platoon level training, followed by a company set exercise, in which each company spent a day carrying out an advance to contact, involving live firing, quick attacks at platoon level; a deliberate attack at company level supported by fighter ground attack aircraft, and a company night ambush. Sniper and L37 turret gun cadres were also run during the period, and the heavy weapons platoons also got in some specialised live firing.

In the meantime Capt Peter Randal managed to book the swimming team into the Chelsea Hilton and we spent a week as guests of the Guards training for the Army Championships at Sandhurst on 25 Jul. We came fourth overall, with the 6 x 1 length freestyle relay team, Ptes Neil Rensson and Wayne Coyne collecting medals. In the Divisional level of the Connaught Shield competition the Pompador teams led by CSgt Peter Lund-Conlon and 2Lt Tony Miles came first and third respectively, both qualifying for the Corps final at the end of August.

During the non-firing weekend of the field firing programme HQ Coy managed to fit in several BFT's and a mass

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Sniper training at Sennelager.



Pompadors B team during the Connaught Shield competition, LCpl Gynn, Pte Bell, LCpl Beagley, Cpl Thomas (on stretcher, a member of 1 Fd Amb not part of the team). Our teams were second and fourth in the 1 (BR) Corps.



Recce Platoon Scimitars on the firing point at Sennelager.

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Registrar, Bedford School,
Burnaby Road, Bedford MK40 2TU

News from The Pompadours

Continued from Page 10

ICFT; and the rifle companies, Heavy Weapons Coy and the LAD took part in an orienteering competition organised by Capt Fraser Macdonald, which was eventually won by B Coy. The follow-on from this is that Capt Macdonald now has a keen orienteering squad.

We celebrated Salamanca Day with a dinner in the NATO Officers Mess at Sennelager attended by all Officers and WOs.

The early part of August was mainly spent by many married members of the Battalion fitting in their trickle leave with school holidays. With the requirements to maintain minimum manning standards, and ensure a high standard of vehicle maintenance, leave planning was an extremely difficult process, however,

two weeks after the entire APC fleet had driven back from Sennelager, we manager to get them to Soltau for a fortnight's battle-group training.

At Soltau we deployed from the railhead straight into the field and began work up training at company level, working with our attached tank squadron, C Sqn 3RTR, an armoured engineer troop from 32 Armd Engr Regt, a field troop of 42 Field Sqn RE and a collecting section from 4 Armd Div Fd Amb. A great deal of work was done with these outside agencies, much of which was of great benefit during Ex Lionheart.

Readers will probably be aware that the revised voice procedure and BATCO were introduced into general usage this summer, and great fun was had by all trying to

remember new callsigns, not to offer messages and so on. Invariably old habits die hard, but the most disappointed man in the battalion must be Lt Col Colin Groves, who has spent 22 years waiting for the chance to call himself "Ninner", but now has to content himself with the far less dashing "Zero Alpha", or in extremes, "One Four Delta!" It still has the same galvanising effect on the net.

After five days of company group training we progressed to battle group training, and in the next five days practised most of the phases and operations of war and defence, including a trial of the split hairpin shelter, a new design of re-trenched trench. The training period culminated in an extremely fast moving test exercise, controlled by HQ 11 Armd Bde, in which the battle group advanced from the west of the training area to the very eastern limit, breaching minefields, crossing obstacles and fighting through enemy strongpoints with such speed that they had to be forcibly restrained.

Having reached the eastern limit, we were turned round and made to move back to the west again, this time in respirators! Eventually, after another obstacle crossing, a dawn attack was launched which was so successful that Endex was declared at 0630 instead of the forecast 1230hrs.

Having recovered from Soltau, we resumed the trickle leave roster, commenced preparations for Lionheart, and waited for the results of the Corps final of the Connaught Shield. After a nailbiting day, the two Pompadour teams finished second and fourth - having been tested in NBC Skills, AFV recognition, Skill at Arms and casualty handling

and evacuation. The finale was a two mile stretcher race across 15 obstacles including a waist deep marsh. Congratulations to all members of both teams, and also to those who helped during their training.

We celebrated 1 Sep with a families open day in Elizabeth Barracks, and Maj Simon Underwood organised the festivities. The morning was given over to static displays of equipment to give the wives and children an idea of what we have been doing with ourselves for the last few months. Then at lunch-time the QM, Maj Stan Bullock, laid on a barbeque - a splendid meal, perhaps not as well attended as it might have been due to the fact that an unwitting duty officer gave permission for a free-ance fish and chip merchant to set up shop in the best tactical position - next to the beer tent!

In the afternoon an inter-

Continued on Page 12



The split hairpin shelter, an eight man version off the vehicle and in the ground - Pie Stones (B Coy) waits for the platoon commander to come and tell him the trench is in the wrong position.



Families day - the things some people will do for money.



Families day unisex assault course race - LCpl Paul assists Mrs Debbie Ritchie off the bars. LCpl Tebbutt (Me Tarzan - you Jane) carries Mrs Dawn Wilson.

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News from The Pompadours



Cpls Bowles, Ranford and Bedford pose in front of a French 155mm gun.



Minden visit by former CO

The Pompadours were honoured by a visit from an ex-Commanding Officer in October.

Col Jonathan Hall-Tipping was able to spend a couple of days in Minden as the guest of Col Colin Groves on the treated to an update on the battalion. Now a successful

stockbroker in the United States, Col Hall-Tipping was delighted to be met at Hannover airport by his old driver – now Sgt Keith Smith of the Training Wing, and his old orderly, Sgt Jeffrey. He is pictured here with the CO and adjutant and the RSWO WO2 Dave Whitten.

Tripartite exercise

AT the beginning of November in a most uncharacteristic spell of rain-free weather, the Pompadours had the novel experience of exercising with B Coy of the 2/66 Armor (2nd US Armed Div) based at Garstedt and two batteries of SP155mm

guns from the 2me Regimente D'Artillerie Francais based at Landau.

Their respective echelons, joined A and B Coys of the Pompadours for Exercise Treaty at Sennelager, under the command of our Battle

Group Headquarters.

Apart from the novelty of examining the M1 Abrams tank and viewing the multitude of engineer and artillery equipment brought by the Americans and French, a good exercise was had by all. The contacts made by the SNCOs will no doubt bear fruit in the future and we look forward to a repeat engagement next year.



Members of A Coy are introduced to an American style AVRE and US standard personal kit.



Salamanca Dinner Night at the NATO Officers Mess Sennelager, Maj Stan Bullock asks Sgt Jeffrey if the Tiger has been fed. RQMS Sweeney knows all about the Tiger.

Continued from Page 11

company "It's a Knockout" competition was run, eventually won by C Coy. All this followed the Sergeants Mess Summer Ball by a couple of hours, so Maj Underwood must be congratulated for doing sterling work in what can only be termed as extremely difficult circumstances!

The next day, after much badgering the Officers v Sergeants cricket match was held. Thanks to some pretty awful bowling by Capt Tim Page and a couple of well-intended run outs of officers by officers, the sergeants emerged victors by two wickets – Sgt Grainger pulling them through from a very sticky start.

Continuing the action, WO1 (RSM) Bob Eke began his oft

postponed inter-company boxing competition the next day, which was unique in that it had to be held in the open air – the gymnasium was being rebuilt. The preliminary bouts lasted two days and the finals were fought on the evening of 5 Sep. All the boxers performed creditably and the RSM was able to select the nucleus of what promises to be a pretty good team. The competition was won overall by C Coy.

The day after the boxing, the work of the last two months of Maj. Peter Dixon and Capt Tim Page was put to the test, when we hosted members of the Liveoak planning staff. Staff Officers came from USAEUR, BRAC, ATAF and RAF Gutersloh, along with members of 2/66 (US) ARMOR Regt and 2me Re-

gimente D'Artillerie Francais for a study day on Exercise Treaty.

Having got the Treaty study day out of the way, we swung into gear for exercise Lionheart which took up most of September.

On our return, one of the first activities we got involved in was the Battalion cross country run and gate jumping competition. What was intended to be a flat race ended as a steeplechase due to the fact that a strategically important gate had not been un-

locked before the run! We have also started the winter sporting calendar by giving our hockey champions some early season games. We are happy to report that they do not seem to have lost any of their edge. The rugby and soccer seasons have begun well – the rugby team won their first match 59-0, and got through the first round of the Army Cup by beating 28 Amph Engr Regt 16-3. The soccer side is experimental, but, now the fences have been removed, the runners could well turn out to be Army final material.

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News from the 5th Battalion

Lionheart sets record

Weekend of activity for Milan platoon

On the weekend of 15-17 Jul. the Milan Pl participated in the first ever UKLF Milan Concentration. The platoon arrived at West Down Camp, SPTA, in the early hours of the Saturday morning. Within an hour stores, armoury and accommodation had been taken over and everyone was bedded down, thanks to 3LI and Support Weapons Wing School of Infantry, who were providing admin. and training support.

Saturday saw the platoon being assessed on various aspects of Milan and its tactical handling. The kit inspection over without problem, the Pl moved on to AFV recognition. Here they expected the worst, having been given dire warnings of poor performances by Regular Army platoons and in view of the limited training time available to the TA. In the event they did better than they had expected. Pte Linsley was the only member of the four TA platoons present to pass first time although several others came close.

Later in the day, Pte Giovanni did exceptionally well by passing his T & OET with flying colours - he had only transferred in two weeks previously! Obviously, Pte Giovanni had benefited from the revision run during the weekend by CSgt P.S. McAnally, PSI, and Sgt A. Batchelor.

On the Saturday evening there was an excellent demonstration of the MIRA Thermal Imaging Sight.

Sunday gave a chance to show off our skills in a short, action-packed BHE culminating in the live-firing of inert missiles at a manned target tank. This exercise really got the adrenalin going, particularly for the section commander but even so they only had one miss.

Many ideas for improving training were gleaned from which, while showing the standards the platoon is expected to achieve, was also enjoyed by all who attended.

As with much of the Regiment, the 5th Bn spent the second half of September in Germany on Exercise Lionheart. The plans had been carefully laid and, for an exercise of this magnitude, we were very pleased with the way that all ranks were kept involved and active.

The battalion had been looking forward to the exercise and paraded at fractionally under 600 strong - probably a record for annual camp.

The battalion's main road party left on the evening of 14 Sep. and the air party followed about 24 hours later. The air move went smoothly and the battalion was in its

initial location by mid-afternoon on Sunday. Unfortunately the road party suffered some delays, particularly in crossing the Rhine, and did not turn up for a further 24 hours. Even so we suffered less than some battalions.

The initial phase of the exercise was fairly quiet as we worked to prepare the positions. At battalion HQ, it was even quieter than normal as our telephone refused to work and we could not get engineers from the Bundespost to fix it. That is what happened but we are not yet sure if we have convinced everybody, as whenever they rang up they heard the normal

ringing tone.

Enemy play quickly produced an NBC threat and the friendly forces went into "noddly suits". We stayed in these until the following Saturday when we moved forward to counter-attack the enemy and were allowed to remove our suits for about 24 hours.

Then we went back into them until Endex. During these periods we played realistically, donning respirators and gloves with moderate frequency.

As a result of one enemy attack, 2 (Northamptonshire) Coy achieved the dubious

distinction of the longest continuous period in respirators within the battalion - 16 hours.

During the first week 1 (Suffolk), 2 (Northamptonshire) and 3 (Essex) Coys, were guarding bridges, with 4 (Hertfordshire) Coy in reserve. They quickly established friendly relationships with local civilians and obtained reasonable premises for their echelons. HQ Coy was particularly lucky, returning to the same place they had used two years previously, but with the battalion even more spread out they were kept particularly busy. 2 Coy had to put up with one incident with local peace campaigners but it was quickly resolved.

At one stage, 1 Coy was relieved on its bridge by the VKK, which gave us a communication problem as the VKK also took over the telephone and we were on radio silence. This was solved by posting a runner with the VKK, leading to the following conversation (Bn HQ speaking first):

"Hello, who's that?"
"I'm not allowed to say"
"Good, glad you are

security conscious."
Which company are you with?"

(We should explain that two companies shared the same number).

"I can't tell you that either, but I'll fetch Capt West if you like."

Later, with radio silence lifted, we also had a message that someone was observing "two Wessex and a Chinook, house clearing". They probably had a problem with the stairs!

During the first week, visitors included members of the Press, our Deputy Honorary Colonels, representatives of TAVRA, Lt Gen Sir John Akehurst, Maj Gen John McMillan, Mr John Stanley, M.P. Minister of State for the Armed Forces and, separately, several members of the Parliamentary Defence Committee.

During the middle weekend, 49 Inf Bde was moved forward some 90 kms. This was followed by a river crossing and advance to contact and, for us, the exercise ended with a wood-clearing and a battalion attack.



Ptes Warren and Foster (3 Coy) digging-in.



Maj Gen McMillan presents the BEM to Sgt Coston.

BEM presented

On 17 Oct, Sgt Fred Coston, BEM, of 3 (Essex) Coy, was presented with his medal by Maj. Gen. John McMillan, GOC Eastern District. During his visit Gen. McMillan also presented TEM's to WO2 John Rose, CSgt John Allcock and Sgt Dave Davies.



"You mean you haven't written home yet!" WO2 Mick Broyd and son Mick, both of 3 Coy.

Generous gesture

Mr Gould, the headmaster of Felsted, recently sent the Benevolent Fund a generous cheque for £60 as, following a lecture, Maj Gen Sir Jeremy Moore had asked that his fee

be donated to our fund. Our thanks to both Maj Gen Sir Jeremy Moore and to Felsted, who we look forward to meeting once again on the cricket field in 1985.

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News from the 6th Battalion

Ex Odin's Shield a great success

WHILE the permanent staff took leave in August the adventure trainers came into their own. HQ Coy disappeared to Chalten in Cambridgeshire whilst C Coy trekked along the Pennine Way. Although most participants were given a thorough soaking and blisters affected the others, all survived to take part in the lead-up period to annual camp.

For the first time, this year's annual camp was to be a combined 54 Inf Bde camp, which meant sharing Wretham Camp with another Territorial battalion within the Bde, 3 WFR (V). After congregating at their TAC's the companies moved to STANTA on Sat, 22 Sep. Once the initial settling down period had finished the serious work began. The first week was to be devoted to cadres and company training whilst the second was to be dominated by the 54 Bde FTX, Ex Odin's Shield.

To ease the manpower burden 3 WFR (V) ran a recruits' cadre and we ran the potential NCO's cadre. Under Maj Bill Lucas' control, aided by Sgts Field and Ibrahim from the Depot, students soon learnt that SAS did not stand for "Saturdays and Sundays".



HQ Coy Gaza Cup competition winning team.

Standing (left to right): LCpl Webb, LCpl Lewin, Pte Foster, WPte Webb, WPte Holdway, Pte Tate, Cpl Oleszczuk, LCpl Roadley-Battin, Pte MacLoughlin, Pte Long. Kneeling (left to right): Pte Rodway, Pte Mackender, Pte Plume, Pte Noakes Pte Scott, Pte Try.

Nevertheless, they all buckled down and congratulations to those who passed, including the only WRAC volunteer, Pte Ruth White, from HQ Coy.

At the same time HGV and 84mm cadres were organised by the MTO and WTWO respectively. The rifle coys meanwhile – or what was left of them – went through a night ambush on the ranges. Those that did it well engaged the targets – those that did not handed back the same amount of ammunition they were issued with. Although a relatively simple exercise, many valuable lessons were learnt. Finally, each rifle coy was put through a 24 hour HD exercise run by the Training Major, Maj William Reeve.

Perhaps the most valuable lesson learnt during the 24

hours was that without prior planning and preparation nothing works. Happily, the mistakes were not repeated during the second week.

The mid-camp weekend was not the usual "rain stopped play" scenario. Again the Training Major was responsible. On Sat, 29 Sep, the annual Gaza Cup competition was held with the emphasis on section level operations with each company having to provide two sections. Unimpressed with previous Gaza Cup competitions, the Training Major somewhat broadened the scope by having eight check points scattered around STANTA which had to be visited by each section. At three of these the teams had to answer various problems set to them on aspects of NBC, first aid and signals. What should have been about a 20km march turned

out to be more like a 30km slog.

Nevertheless, all sections completed the course and once the UPM, Maj Tony Scott, had worked out the scoring, HQ Coy were declared the winners. To all male chauvinists you might like to know that one of the HQ Coy sections contained 2 WRAC volunteers, Ptes Holdway and Webb, whilst the WRAC team, led by 2Lt Felicity Bowden, beat two of the rifle coy teams.

Dignity

Two side-effects of the competition were that the Officers' Mess dinner night did not start until 2100 hrs and the MO, Capt Chester White, appeared for the Officers' Mess photograph still in combat kit, clutching his scalp and complaining of pressure of work!

The following morning, under grey skies and the ever-present threat of rain, a moving Drumhead Service was held for 54 Inf Bde. Those who had never attended such a service were impressed by the dignity and solemnity of such an occasion.

Early Monday morning saw us on parade for the annual Tickle fitness test. Despite the mirages caused by the Gaza Cup competition, all but nine of the runners passed and the battalion emerged with an excellent 95 per cent pass rate.

After a hasty breakfast the companies deployed on to STANTA for a battalion HD exercise designed to clear the cobwebs and prepare for Ex Odin's Shield. Once again,

companies rose to the challenge and arrived back ready to give a good account of themselves on the brigade exercise.

Ex Odin's Shield was a two-sided FTX held on STANTA controlled by Comd 54 Inf Bde, Brig John Davey. After initial deployment we settled down into the routine of HD Ops. The spanner was soon put in the works when Ex Control decided to reinforce companies with other rifle companies – and to do it by night using support helicopters! However, no one was left behind, the RAF picked us up and put us down in the right places so come daylight, smiles came from all directions. Not totally convinced, the Bde Comd decided the same thing should happen that night. Everything went well and the smiles continued.

Satisfied with that aspect of the exercise the emphasis swung from riding to battle to walking. Companies carried out a lengthy approach march before marrying up in a battalion concentration area. Battle was then joined as the battalion proceeded to destroy an enemy force dug in around the Silver Horse shoe pub.

Camp '84 was an undoubted success. Many lessons were learnt but the most important facet, that of getting the battalion together for a solid fortnight's training, was utilised to the full and we look forward to next year and Brave Defender with anticipation.

We have said a sad farewell to two stalwart members of the

permanent staff. Pte Phil Cullington has returned to the Poachers and CSgt Tony Jones has rejoined the Vikings families' office. WO1 (RSM) Mick Flynn arrived just before camp to take up the appointment of RSM. He has already made his presence felt. Yet another Poacher has arrived to swell our talent filled ranks, this time in D Coy in the guise of CSgt Dennis "Grimshy" are not in the Third Division" Watson. To both we extend a warm welcome and hope they have an enjoyable stay.

Congratulations to Keith Parker (C Coy) and Felicity Bowden (HQ Coy) on being commissioned and we wish Officer Cadets Chris Revell and Charles Fik the best of luck when they confront the Sandhurst system this month. We also welcome our new UPM, Maj Tony Scott, who has decided that brown is a better colour for a beret than Para purple – for the time being at least.

Barbecue

Both messes have continued to swell the coffers of Messrs Greene and King. The Officers' Mess held a very successful barbecue at Lanwades Hall, Newmarket, and a Ladies' Night in Bury St Edmunds at the end of October. The WO's and Sgt's Mess held an excellent dinner night at camp, at which the QM was dined out. The three German SNCO's who visited the battalion during camp also enjoyed that occasion and are, apparently, indebted to "Black Mori" for his explanation of certain parts of military etiquette!

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News from the 7th Battalion



Ex Lionheart - B(Lincoln) Coy soldiers ready for action in Hessisch Oldendorf.



At last the war is over. Pte Kennedy tells Col John Gledell his battle stories as the re his platoon eat a well-earned meal.

Lionheart goes down in history

AT LAST it has happened - after all the planning and preparations, training and building Lionheart has taken its place in the history books. The battle stories are evolving and the harrowing incidents have mellowed and are taking on their amusing connotations.

For the battalion, Lionheart was a success with 604 members taking part supplemented by 47 regular reservists. This is by a long way the largest number the battalion has even taken to camp. Arguably a TA Battalion's strength can only be measured accurately by the number it takes to camp, so clearly, on a manning level, the battalion is very strong.

The move to Germany was successful apart from an aircraft being delayed for several hours. The reception in the CRG was well organised and the deployment by helicopter was a great boost to morale, except for the 2IC Maj. Fred Honnor, the RMO Maj. Colin West and 10 soldiers who were dropped 14km from their intended position! The early skirmishes served to focus the minds of everyone on the job in hand and the level of activity gradually increased until the first major battle at 0830 hrs on Thursday in the shopping centre of a German town - the prize, a bridge. The actual event was

minor however, when compared with the battle amongst the umpires about whether or not the bridge was still intact!

Thankfully we were kept very busy and given the opportunity to test our well established infantry skills and get to grips with administration in the field for protracted periods.

One skill practised thoroughly by LDY Coy was that of operating in respirators for long periods. Early in the week they came under a persistent gas attack and were at NBC Black for 14 hours. At the end of this marathon, the company, who were by this stage tired and hungry, were more than happy to unmask.

The battalion experienced the usual crop of "NoDUFs", fortunately none of these was very serious, although perhaps Pte Cole (B Coy) who suffered appendicitis would not agree. The RMO, Maj. Colin West, was kept busy day and night with a mixture of real and simulated injuries but, with the able support of Sgts Soni and Koszrzewski, he never stopped smiling.

The last day saw the battalion, tired but pleased with their efforts, shopping for mementoes, laden with presents, duty free and the odd dose of Lionheart flu. Now for Spearpoint 88.



Maj Alan Hemmings, OC A Coy, appraises a critical situation in Rinteln.



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News from the 7th Battalion

Exercise victory for 3 (Grimsby)

LIONHEART training came to a climax early in August when the battalion held its two-day inter-platoon competition at STANTA.

The competition was the culmination of individual and platoon training and tested infantry skills in a physically-demanding environment. To this extent it was very successful as the stands were embodied in a gruelling 40km cross-country march which sapped the stamina of the 300 soldiers involved. One of the most popular stands (at least on the part of the DS) was the 400m assault course. Although based on the standard STANTA course, Training Major Peter Williamson had

made one or two sadistic additions to give the battalion its own "customized" exercise stand.

In addition to the usual problem of getting themselves around, participants had to take with them three stretcher-bound ACF cadets, a very large tyre and a number of other burdens. As one platoon followed another it gradually became clear that, when combined with the 12 foot wall and the tight time limit, the tyre proved to be a particularly difficult problem and beyond the capabilities of everyone.

A further natural difficulty was the heavy rain throughout the first day. Surprisingly,



Lt David Cox and the men of 3 (Grimsby) Pl relax after their fine effort in the Inter-Platoon competition.

gly, the young cadets never got fully submerged although their knuckles were often very white with holding on to the symbolic sanctity of their stretchers. Very sensibly they stifled smiles as one after another the soldiers

slithered into a murky pool. The rain and the competition continued into the second day and the kilometers and terrain began to take its toll on the feet. Blisters became common and the first-aid stand became popular, not so

much because of the ease with which points could be gained, but rather a source of relief from painful feet.

A tramp to Frog Hill saw the completion of the exercise. The points were counted and 3 Pl, from Grimsby, were the

winners. During a brief pause in the rain the coveted bayonet was presented to Lt David Cox by the CO. Second were 5 (Grimsby) Pl of B Coy and third, of A Coy was 2 Pl – a happy day for Maj. Hemmings.

Lt Col Lambert wheeled out in style.



Leicestershire and Derbyshire Yeomanry Company officers and senior NCOs gather to say farewell to Lt Col Hugh Lambert (fourth left). They are (left to right), Sgt Graham Timms, WO2 Brian Lee, WO2 Mick Blanchard, Maj Martin Mee, 2Lt Nick Page, 2Lt Peter Howard, Lt David Livingstone and Sgt Gerald Smith.

ON 23 Oct., Lt Col D.K. Harris MBE, TD, LLB, took over as Commanding Officer of the battalion. Lt Col Harris is no stranger to Ulverscroft Road, as until July he was 2IC, so he already knows his way around.

Lt Col Hugh Lambert, who

handed over command to Lt Col Harris, was wheeled out in the traditional manner by Training Major Peter Williamson and QM, Maj. David Edwards. In keeping with his new appointment as Commander of Exercise Snow Queen, Lt Col Lambert was

fitted with splints and skis for his wheelchair journey from his office to the staff car. The Ladies Guest Night, which took place on 20 Oct., was a fitting occasion for Lt Col Lambert to be dined-out. Maj. Fred Honnor, Bn 2IC, in his presentation speech re-

ferred to the great advances that had taken place under Col Hugh: The battalion was now at more than 100 per cent establishment, training was at a very high standard and morale was excellent. He added that Col Hugh had seen the formalisation of a good, structural training plan for officer cadets and the battalion officer strength, as a result, is now close to 100 per cent. On behalf of the officers Maj Honnor presented Lt Col Lambert with an original 17th Century map of Leicester.

Silver lining

It was with great sadness that the battalion said goodbye to Col Hugh. Every cloud has a silver lining, however, and it is with great pleasure that they welcome back Col David.

B (Lincoln) win cookery shield

IN PARALLEL with inter-platoon competition in August the battalion held its inter-company cooking competition at STANTA. Maj. Ed Marshall, leading A Ech for the first time as HQ Coy Commander, settled his lads into a nice quiet wood behind Frog Hill and the hard work started in the battle for the coveted "Fish Slice" shield.

With the old saying "An army marches on its stomach" ringing in their ears and the thoughts of the battalion focused on the good food to follow, the cooks set about varied and ambitious menus. However, the toughest battle of all took place after the cooks had completed their work, as the judges engaged in the argument about the final placings.

In a very close competition the worthy winners were B (Lincoln) Coy ably led by CSgt Creasey, with D (Northampton) Coy second. The real winners however were the lucky battalion who enjoyed a first-class meal and a welcome beer on a damp and cold Sunday afternoon.

The prize for the best laid and most civilised table went to Maj. Ed Marshall – OC HQ Coy, affectionately known as "head cook".

Golf win for CSgt Peck

HEARTY congratulations to CSgt G.A. Peck, QPSI of A (Scunthorpe) Coy. Against the usual stiff opposition he won the Stableford competition of the Regimental golf meeting, held in August. The battalion is fortunate in having a number of good golfers and there is particularly keen competition between CSgt Peck and his enthusiastic rival, Lt Clive Mallett.

Although Lt Mallett had to be content with a place in CSgt Peck's shadow on this occasion, he made his own headlines in July at Bisley by achieving the silver medal position in the Converted Gallery competition. Lt Mallett was also awarded a top 50 medal as was his team mate, the assistant RSO, WO2 "Tich" Gould.

Pictures on Page 20

Leicester Mercury
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Lt Col Hugh Lambert hands over to Lt Col David Harris.

Cash raised for centre

Six A Coy soldiers led by a youthful Maj. Alan Hemmings were guests recently at the opening of the Scunthorpe Teaching Outpost for Dyslexics. The team was awarded a shield by the

Mayor, Mrs Brenda Kirk, for raising more than £200 for the centre by taking part in the Humberside Marathon. The money will help pay for the specialist training of a teacher for the centre.

Depot, IJLB and Allied Regiments

Anglians at Sandhurst

ALL OFFICERS of the Army are now trained at the Royal Military Academy Sandhurst, and it is therefore good to report that the Regiment is well represented here.

Members of the Regiment are involved with training young officer cadets joining direct from school, student officers joining from university, TA officer cadets, ACF and CCF officers, and even WRAC officers.

Student officers joining from university are trained at Victory College by Capt Mike Beard (2nd Bn) and CSgt Twell (3rd Bn), both of whom take every opportunity to sport their battalion tracksuits and inspire their students.

The skill-at-arms wing is responsible for conducting all small arms training at the Academy. CSgt's Todd (1st Bn) and Scoles (1st Bn) are currently members of the wing - CSgt Richardson (1st Bn) having recently returned to the Vikings.

Cpl Raven (2nd Bn) has recently arrived in the Signals Wing, and LCpl Parkins

(1st Bn) is a company clerk in Old College where his new Company Commander will be Maj Tom Longland (2nd Bn).

We must not forget the Regiment's longest and perhaps best-known resident here - WO2 "Sam" Brown. Perhaps not a little of his popularity stems from him working in the Academy clothing store! To work here one has to get used to the peculiarities - drill-mad Guardsmen abound and the hours of work during term time can be very long. The term system does, however, guarantee good periods of leave, and it is actually possible to plan well ahead. The grounds and recreational facilities are excellent and above all there is the satisfaction of producing what we hope are competent young men ready to lead soldiers in their respective regiments and corps.

Currently there are 15 potential officers for the Regiment under training of whom we congratulate Andrew Marsh on his appointment as a JUO and Tim Smith on becoming a Cadet Sgt.



Members of the Regiment at RMAS on Minden Day, 1984. From left: (standing) SCgt Richardson, CSgt Todd, Capt Beard, SCgt Scoles, (kneeling) SCgt Twell, LCpl Parkins.

Help with employment

AS a member of the Regular Armed Forces you know the value and satisfaction of doing a job well. At the end of your engagement you will be seeking the best employment available to meet your qualifications and ambitions. The Regular Forces Employment Association exists to help you to settle in civil life, and its services are free.

If you have served with good character in the non-commissioned ranks for a minimum of three years, or less if you are being discharged on medical grounds, the association is at your service.

Employment officers, all ex-regulars, are situated at branches throughout the UK and are in close contact with local employers and job-centres. Addresses can be found from Bn HQ or RHQ.

What a good bunch!



JRSN Harding meets Maj Gen Shortis.

IT HARDLY seems a year since the last intake of 16 year-olds! Two platoons passed out from IJLB on 18 Aug. having been inspected by Maj Gen Shortis; a parade worthy of note as it was taken by Junior RSM Harding, who has now joined the Pompadours in Minden and has his feet firmly on the ground as a private soldier.

The Royal Anglians from last year's platoon were a good bunch. We wish them all the best for a fine future in our Regiment.

Under the expert guidance of Sgt Boucher (Vikings) his platoon won convincingly the inter-platoon drill competition. This is no mean achievement as the Guards Division company (Waterloo) have a habit of winning and are often difficult to beat as the inspecting team is always headed by a Guardsman!

Competitions were a mixed bag last year with Salamanca Coy close to the top in almost everything and in many cases winning, but our great failure was the 22 shooting competition in which we came last. Having learnt from our mistakes we are hoping to improve on the overall results this year.

We managed to get a few Royal Anglians abroad last year on a canoeing expedition in the Pyrenees and a mountaineering expedition to Andorra led by Lt Jones of

the Pompadours. The platoon also got a chance to view the World War One battlefields around Ypres Salient, a very worthwhile trip which we hope to run again this year.

The new platoons have just arrived and again there is a majority of Royal Anglians in the 100 Queen's Divisional junior leaders. If they turn out to be as good as the last intake the Regiment will do well.

Cpl Les DeLara and his wife are to be congratulated on the birth of their second son who, after a nasty illness, is now thriving and putting on a lot of weight. Lt Jones married last May and his QARANC wife, Denise, is now in the Falklands having received a posting order the day they returned from their honeymoon!

DATES FOR 1985

17 Jan	"Tribute To Great British Regiments" - Albert Hall.
19 Jan	2nd Bn Tercentenary Officers' Ball.
23 Feb	7th Bn Ladysmith Ball, Leicester.
27 Apr	Freedom of Wellingtonborough.
10 May	Spring Golf.
13 May	Naming of Regimental Locomotive by Colonel-in-Chief, London.
17 May	Golf v Queen's Regiment, Canterbury.
8 Jun	7th Bn Officers' Mess Summer Ball.
13 Jun	Massed Bands and Reception in presence of Colonel-in-Chief, Horse Guards.
22-23 Jun	OCA Weekend, Leicester.
30 Jun	Essex Reunion, Warley.
6-7 Jul	OCA Reunion, Northampton.
7-27 Jul	Bands at Royal Tournament.
19 Jul	Annual Golf Meeting.
28 Jul	2nd Bn Tercentenary Open Day Colchester.
30 Jul	1st Bn Tercentenary, Ely.
31 Jul	1st Bn Tercentenary, Norwich.
3 Aug	1st Bn Tercentenary, Bury St. Edmunds.
4 Aug	OCA Reunion, Bury St. Edmunds.
30-31 Aug	Autumn Golf.
6 Sep	2nd Bn Tercentenary Boston/Grantham (to be confirmed).
7 Sep	2nd Bn Tercentenary Lincoln.
7-8 Sep	OCA Reunion, Cleethorpes. Deputy Colonel-in-Chief present 8 Sep.
8 Sep	2nd Bn March Grimsby/Cleethorpes.
28-29 Sep	OCA Reunion, Norwich.
1 Nov	Regimental Council Meeting and Regimental Dinner.
10 Nov	2nd Bn Remembrance Day, Lincoln.
17 Nov	Remembrance Sunday, Bedford.

Arrival from Bermuda

Our Regimental links with the Bermuda Regiment have been further strengthened by the arrival of Sgt Warren Furbert of the Bermuda Regiment who is here for a year's attachment.

At present he and his wife are living in Royston while he is at the Depot preparing for courses at Warminster and Brecon, after which he will end his year in England on attachment to the Poachers



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News from the branches



BEDFORDSHIRE & HERTFORDSHIRE

After 24 years as president of the Hertford branch of the Bedfordshire and Hertfordshire Regiment Association, Maj. Joe Townsend has resigned having moved to Peterborough to be near his son. Joe Townsend joined the Bedfordshire and Hertfordshire Regiment at Kempston Barracks in 23 Jan. and continued to serve in the Regiment throughout his army career. He retired with the rank of Major in May 57. He travelled widely and during the 1939-45 war served in Palestine, Syria, India, North Africa (including Tobruk) and with the Chindits in Burma.

We wish both he and his wife, Wyn, every happiness in their new home, and look forward

to seeing them as often as possible in the future.

Joe has been a wonderful branch president and in recognition of his services we were pleased to make him our honorary president.

IN the autumn of 1688, when the pernicious counsellors of King James II, had induced him to adopt measures which indicated a design to overthrow the constitution and established religion of the country, and many patriotic noblemen and gentlemen had solicited the Prince of Orange to come to England with an army, to preserve the liberties and religion of the people, the king became

aware of the dangerous position into which he had been brought. He resolved to augment his army and among the corps embodied on that occasion was a regiment of pikemen and musketeers, which has been retained in the service to the present time, now an element of the 3rd Battalion the Royal Anglian Regiment (Bedfordshire, Hertfordshire and Essex).

This corps was raised in the southern counties of England, and the colonelcy was conferred on Lt Col Archibald Douglas, from the Royal Regiment of Foot, by commission dated the 9 Oct. 1688. Capt Robert Hodges, from the Grenadier Company of the Royal Regiment, was appointed Lt Col and Murdock McKenzie was nominated Major.

The establishment was fixed at 927 officers and soldiers,

including a Grenadier Company, which was afterwards ordered to be added to the Regiment. The uniform was round hats, ornamented with white ribbons, red coats, lined and faced with white, white waistcoats and breeches.

Five days after the warrants for the formation of the Regiment were issued, a number of men had enrolled themselves under the standard of this corps, - principally from the county of Middlesex; and they were ordered to march to Reading in Berkshire, where the several enlisting parties were directed to assemble, and the formation of the corps was completed.

Early in November, when the armament under the Prince of Orange had passed Dover, the Regiment was ordered to march to London and occupy quarters in the Borough of Southwark; it was afterwards directed to join the army. But

the pernicious advice of the king's counsellors proved fatal to his interests; his soldiers refused to fight against the Prince of Orange and some irregular orders were issued which appeared to leave the officers and men at liberty to quit their Colours, when a number of corps were disbanded.

The Prince of Orange issued orders for the several corps to be reorganised and appointed quarters for every regiment - the Sixteenth were directed to occupy quarters

at Stony Stratford, Buckinghamshire. King James afterwards fled to France.

Col Douglas adhered to the interest of King James, and the Prince of Orange promoted Lt Col Hodges to the colonelcy of the Regiment, by commission dated the 31 Dec. 1688.

Coloured prints of "Raising the Regiment" (8 1/2" x 12") can be obtained from the Regimental Secretary, Blenheim House, Eagle Way, Warley, Brentwood, Essex CM13 3BN.

On 24 Nov Evensong was held in Chelmsford Cathedral to dedicate a Memorial to the Essex Regiment. The service was attended by 450 members of the Regiment, guests and relatives and was conducted by the Bishop of Chelmsford. The Lord Lieutenant for Essex, the Chaplain General to the Forces and the Mayors of the Essex Freedom Boroughs were present.

The service started with the Presentation of the Colours of the 3rd, 5th and 6th Battalions, readings were by Maj Gen J. A. Ward Booth, Deputy Colonel the Royal Anglian Regiment, and by Adm Sir Andrew Lewis, Lord Lieutenant for Essex.



ESSEX

Col G. C. P. Morgan, president of the associations asked that the memorial should be dedicated and the service concluded with the Essex and Royal Anglian Regimental prayers. Last Post and Reveille were sounded by LCpl Robinson of the 3rd Battalion.

The memorial, made by David Kindsley is a simple but striking plaque bearing the Essex, Royal Anglian and 3rd Battalion the Royal Anglian Regiment badges and the words:

"The Essex Regiment raised in 1741 succeeded by The Royal Anglian Regiment in 1964. In proud memory of all ranks who died in the service of their country."

2 Essex and 4/5 Essex Colours have now been placed in The Services Chapel:

Maj Henry Young celebrated his 100th birthday on 5 Oct. 84 in Romford, surrounded by his family and friends. He joined the 1st Volunteer Bn the Essex Regiment aged 18 in 1902, moved to the 8th (Cyclist) Bn (TA) on its formation with the Regimental No. 30 and by 1908 had become a Colour Sergeant.

Commissioned into the 8th Battalion in 1914, he served in the 2/8th and 3/8th (Cyclist) Battalions and later served in France attached to 1 Essex. After the war he commanded the Depot and joined 4 Essex until going to TARO in 1925.

He was called up as a Captain in Aug. 39 to command the Young Soldier Company of the 7th Battalion at Upminster until the formation of 70



Maj Henry Young

(Young Soldier) Battalion at Ingatstone in Sep. 40, of which he became Second-in-Command until reverting to Class II TARO in Apr. 42.

Two of Henry Young's three sons served in the Regiment, Joe winning the MC and commanding the 4th Battalion.

months, however, thanks to the kindness of Maj. Macklam and our recently-retired secretary, Mrs. Lawson, business was as usual as far as 10th Foot matters were concerned.

The future location of our Regimental museum collection has now been decided. Lincolnshire County Council has offered to take it over and house it in the Museum of Lincolnshire Life, in Lincoln.

We hope to complete the handover by March 85 and hold an opening ceremony later in the year.



LINCOLNSHIRE

THE highlight of the period was our 1984 Reunion at Cleethorpes on the 29/30 Sep. Although our numbers were slightly down on last year there was one new face, Maj. John Varian, from Kent. The 1985 Reunion is on 7/8 Sep. at the Beacholme. The

2nd Battalion plans to hold various functions during the year and are to visit Lincolnshire in September. Details will be published as soon as plans are finalised.

Due to illness, the Lincoln office has been only partly manned during the past few

Regimental shop

Ash Tray Heavy Clear Glass Engraved Badge	£ 1.98p
Ash Tray Glass	£ 1.10p
Blazer Badge	£ 4.15p
Bookmark - Drummer Pattern, Red, Blue, Black, Green, Luxol	£ 0.40p
Clipboards	£ 4.00p
Cocktail Coasters (Set of 6)	£ 3.00p
Collar Badges Officers - 1, 2, 3 R Anglian	£ 5.85p
Coffee Mug - White R Anglian Badge	£ 0.75p
Colour Prints - 7 Former Regts in period dress - set of 8	£ 3.20p
plus R. Anglian Drummer - Single	£ 0.40p
Large Print of HM The Queen Mother	£ 2.67p
Crater to the Creggan - History of The Regiment Hardback	£ 3.00p
Paperback	£ 1.00p
Diary Desk Insert 1985 (Orders only)	£ 2.63
Planner Case	£ 0.40p
Planner insert 1985	£ 40p
Dinner Mats - Prints of Former Regts and R Anglian Drummer with Cherry or Blue border	£27.20p
Set of 8	£16.54p
Flags - Regimental - R. Anglian	£ 4.58p
Glasses - Sherry (Set of 6)	£ 5.08p
Wine (Set of 6)	£ 0.92p
Beer Mug 1 Pint	£ 4.75p
- Heavy Glass - Engraved Badge	£ 2.20p
Head Square - Ladies - with R Anglian Badge in corner	£ 6.70p
Hip Flask - Leather cased with R Anglian Badge in corner	£ 10.00p
Holdall - Canvas - waterproof lining - R Anglian Badge	£ 6.13p
Ice Bucket Drum - R Anglian	£ 1.00p
Key Fobs - Leather - Red, Blue, Green, Black, & Luxol	£ 6.94p
Lapel Badge - R Anglian	£ 15.63p
Pewter Tankards - 1 Pint	£ 15.63p
Pewter Figures Combat Dress - with SMG or SLR	£ 6.57p
Pewter Figures - IS Dress - with SMG or SLR	£ 9.57p
Shields - Standard	£ 5.32p
Shields - Wooden - Hand Painted	£ 0.60p
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Stickers - Plastic - 12"	£ 0.25p
6"	£ 0.20p
4"	£ 5.25p
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Sweat Shirts - Navy Blue with R Anglian Badge - XL, Lge, Med, Small	£ 2.35p
T Shirts - Blue with R Anglian Badge - Lge, Med, Small	£ 2.35p
White with R Anglian Badge - XL, Lge, Med, Small, Childs	£ 2.05p
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News from the branches

NINETY former members of the 4th Bn the Northamptonshire Regiment (1939-46) assembled at Rushden on 5 Oct. for their All Ranks annual reunion dinner.

Maj V.A. Harding TD presided and some of those present had travelled from as far afield as Scotland, Plymouth and the Isle of Wight to spend a few hours in the company of their former companions.

The 4th Bn was raised in Northamptonshire in 1939 and in the Regimental Museum is a silver bugle, on which is inscribed "Presented to the 4th Bn the Northamptonshire Regiment by the Townspeople of Rushden", as a token of the esteem in which the battalion was held.

The annual reunion dinner of the Peterborough branch of the Comrades Association was held at the TA Centre, Peterborough, on 20 Oct. Maj. R.K. Hill TD, branch president presided and 87 comrades and wives were present. While the hardcore of those who attend this reunion continues to be former members of the old 5th Bn the Northamptonshire Regiment of vintage 1930 - 67, it is pleasing to note that serving and former members of the 5th (V) Bn Royal Anglian Regiment are increasingly in evidence.

After the toasts Maj. Hill



NORTHAMPTONSHIRE

brought the comrades up to date in matters of association and regimental interest. He then introduced Maj. Tony Elsey TD, the new branch chairman, who is a serving volunteer officer and OCHQ Maj. Elsey spoke of the role of the 5th (V) Bn in its BAOR commitment and of the recent BAOR exercise Lionheart.

Lt Col Wilford

We regret to announce the death of Lt Col Forbes Russell Wilford, at his home in Jersey on 9 Sep., aged 72.

Commissioned into the Northamptonshire Regiment from R.M.C. Sandhurst in 1932 he joined the 58th at Aldershot. In 1933 he was posted to the 48th in India and remained there for the next six years, serving at Jullundur; in operations on the North-West Frontier in 1936-37 and at Dinapore, returning to the Depot in 1939.

By 1942 Wilf was 2IC to the 6th Bn and in 1943 took command of the 7th Leicester, then about to take part in the

second Chindit operations in Burma.

Flying into "Aberdeen" in March 1944 Wilf's battalion, as part of "Javelin" Brigade, was ordered north to operate on the flanks of Gen Stilwell's Chinese forces where Wilf, personally commanding Column 47, became heavily engaged in operations against the Japanese, eventually withdrawing to "White City" (Mawlu), where they were promptly engaged, there, and at Indaw and Mongaung.

Wilf was given command of 2 Leicester with whom his 7th Bn had been amalgamated. He became ill and was invalided home.

In 1946 he attended Staff College and spent the next three years as a Staff Officer. In 1950 he was 2IC of the Airborne Forces Depot and in 1953 was 2IC of the 1st Northampton in Trieste after an absence from the Regiment of nearly ten years. In 1955 he was promoted to Lt Col to command 5 Northampton until retiring in 1958.



Mr Ernie Seaman of Fitcham, Norfolk, lighting the Liberation Flame at Helmond.



NORFOLK

AT the Royal Norfolk Regiment annual reunion dinner on 29 Sep. at the TA Centre, Aylsham Road, Norwich, some 160 former members of the Regiment dined together, presided over by Brig Peter Barclay, president of the Royal Norfolk Regiment Association.

The guest was Mr. John Randle, son of Capt. John Randle VC who was posthumously awarded the Victoria Cross for gallantry at the battle of Kohima, in which 2R Norfolk was engaged in 1944.

Brig. Barclay welcomed former members of the Regiment, who came from far and wide to attend the dinner, and reviewed association affairs, including benevolence for former members of the Regiment in need of financial aid. The benevolent committee had assisted 73 former members of the Regiment and their families, and £3000 had been paid from Regimental funds.

He also referred to the satisfactory state of the war memorial cottages, the Regimental chapel and the museum.

He reminded members that the Regiment would celebrate its 300th anniversary in 1985, when a contingent from 1R Anglian, would mark the occasion by exercising the freedom of Norwich on 31 July.

The Royal Norfolk Regiment Association church service was held on 30 Sep. in the Regimental Chapel, at Nor-

wich Cathedral. At this service the Kohima War Memorial Panel, which had been recovered from the 2nd Division Memorial at Kohima, was dedicated to the memory of those soldiers of 2R Norfolk who fell at the battle in 1944. The service, which was well attended, including many former members of the 2nd Battalion, was conducted by the Regimental chaplain, Canon Wynter Blathwayt, and the lesson was read by Col. Henry Conder, who was Second-in-Command of the 2nd Battalion at the Battle of Kohima. The bronze panel had been placed in the Regimental Chapel and the inscription in the panel reads:

**"When you go home
Tell them of us and say
For your tomorrow
We gave our today."**

This now-famous inscription appears on the memorial erected at Kohima in Assam by the 2nd Division after what was one of the decisive battles of the 2nd World War.

The 2nd Battalion fought with great distinction, and this bronze panel records the names of those who fell.

After the war some of the panels were stolen and the remainder were removed and replaced with stone replicas, fortunately, this panel was saved and eventually found its way back to the home of the Regiment, in Norwich.

The Royal Norfolk Regiment Remembrance Service was held at the Regimental War Memorial Cottages, Norwich on 9 Nov. and was conducted

by Canon Wynter Blathwayt while Brig. Peter Barclay laid the wreaths.

Veterans of 1 R. Norfolk re-entered Helmond on 25 Sep. 84, 40 years to the day after the Dutch city's liberation, mounted in Second World War vehicles restored by enthusiasts decorated with flags and flowers, and led by the band of 3 R. Anglian.

At the Netherlands Liberation Mounment there was a short dedication with Last Post, a minute's silence, and the laying of wreaths. The Burgo-master, Jacques Gukers, reminded the gathering of several hundred that the monument was erected in 1960 in remembrance "of the time the people of Helmond needed help badly." On behalf of the veterans, Doug Webb, of Toftwood, said of Helmond, "Here you held out the hand of friendship. You have been extending it ever since, and it is just as firmly held."

Ernie Seaman then lit the Liberation Flame and the national anthems were played.

In 1944, battalion headquarters were housed in a Zuidende cinema. Now there is a new area of lawns and flower beds of which the centrepiece is a low wall and a memorial stone carrying the dates 1944 and 1984 and the names of the city and the Regiment, which was presented to Helmond by Harry De Rooy, the battalion's Dutch interpreter. The stone and an oak tree were given to the city by the 1st Battalion D-Day Veterans who will later bring the total up to nine oaks in memory of the old 9th Regiment of Foot.

After the unveiling of the stone by tour organiser Bill Holden of Norwich, a street sign was unveiled which proclaimed that in future the square will be known as Royal Norfolk Plain.



Suffolk Regiment at Gibraltar Barracks, Minden Day 1984.



SUFFOLK



Right: Cambridgeshire contingent march past.

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Poachers are 1984 EDIST champions

All-square after Flempton

The Regimental Golfing Association autumn meeting was held at Flempton on 7 Sep. 26 members took part and as usual the course was superb and, unusually, so was the weather.

Winners of the various matches were scratch, Capt Davison, Stableford, CSgt Peck, and foursomes Stableford Lt Gen Sir John Akehurst and his partner Maj Growse.

The annual match against Flempton Golf Club was played on the following day. At lunch we were leading by 3½ to 1½ matches and we started the afternoon foursomes with high hopes of at last winning back the shield. However, this was not to be, the club caught us up and at the end of the day we were all square and the match was halved.



Pte Foot of the Poachers (B Coy) takes the plunge during the cross country run at the Bde Sports Festival.



The Poacher team which overcame all opposition to become EDIST champions for 1984.

Cricket results

After an interesting season the results and averages were:

30 May v	
Fitzwilliam College	- Fitzwilliam College 166-6
	Regt 149-7 Draw
1 Jul v Haileybury	- Regt 169 Haileybury 157-7
	Draw
8 Jul v Oundle	- Oundle 152-8 Regt 153-2 Won
9 Jul v Greshams	- Regt 170-6 Greshams 123-5
	Draw
10 Jul v Brentwood	- Brentwood 126 Regt 66 Lost
11 Jul v Framlingham	- Regt 206-8 dec, Framlingham 208-5 Lost
12 Jul v Felsted	- Felsted 169-9 dec, Regt 155-9
	Draw
13 Jul v E E Lombes XI	- Regt 144, E E Lombes XI 138
	Won

Leading averages

Batting	Inns	No	HS	Runs	Ave
Davenport	6	1	73 ^x	173	34.60
Slater	3	1	39 ^x	54	27.00
Hipkin	5	0	43	127	25.40
Ward	3	1	30	46	23.00
Jefferson	6	0	35	132	22.00
Browne	3	0	27	66	22.00
Partington	4	0	32	87	21.75

Bowling	O	M	R	W	Ave
Davenport	38.4	7	169	12	14.08
Goldschmidt	14	9	72	5	14.40
Calder	43.2	8	116	8	14.50
Smith	43	12	159	8	19.88
Ali	54	9	174	5	34.80

In 1985 it is planned to continue the series of matches against schools; details will be published in the next issue of Castle.

Pompadour's Sport



The 4 x 100m final of the Garrison sports day - Pte Arrand (B Coy) pips Pte Wood (C Coy) to the post.



The welter weight final and Pte Judd (C Coy) on the right vs. Pte Galbraith (B Coy).



Battalion boxing finals. The gymnasium was not available so the ring was set up on the square and protected by the "wagon train".

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