

APRIL 1984



CASTLE

JOURNAL OF THE ROYAL ANGLIAN REGIMENT

Regiment to celebrate 300 years

The Royal Anglian Regiment is soon to celebrate 300 years of history in the service of our country.

A Family Tree on Page 10 and 11 shows that the 1st and 2nd Battalion can trace their pedigree back to 1685 and the 3rd Battalion to 1688.

To mark the occasion regimentally, there will be a parade by the Massed Bands and Drums on the Horse Guards followed by a reception in June 85, when it is hoped that

our Colonel-in-Chief, Queen Elizabeth the Queen Mother may be present.

The Massed Bands and Drums will also perform at the Royal Tournament in July 85, an event heralded by a Son of England performance by the Poachers at the Royal Albert Hall on 17 Jan.

The 1st Battalion will be in Northern Ireland in 1985 and their main celebration will take place on Minden Day, 1 Aug this year, when they Troop the Colour at Oakington in the presence of the De-

puty Colonel-in-Chief, Princess Margaret.

The Vikings will also take part in Freedom marches in Yarmouth (10 July), Ipswich (13 July) and Cambridge (17 July) and further marches are planned in county towns in 1985. Details for these and OCA activities are awaited.

Any member of OCAs wanting details of 1984 activities will find them in Britannia and Castle or should contact Lt Col Turnbull at Britannia Barracks (0603 28455).

The Poachers' plans for 1985 include a Sobraon Day parade in Colchester and Freedom marches in Lincolnshire on 7/8 Sept in conjunction with the Royal Lincolnshire Regiment OCA reunion.

They will be present at as many Remembrance Day services in their counties as possible.

The Pompadours will celebrate in 1988.

Details of events will appear in future issues of Castle and in outstation newsletters and we look forward to your support.

Boxers back on form

Despite an early setback to the season when the intermediate team was defeated by a strung and in-form 1 DERR side, Poachers boxing has recovered to maintain a presence at the highest level.

The novice team, under the direction of Sgt Mickey Dowland, fought through to the UKLF final, where they had a convincing six bouts to three win over 1 Kings Own Border.



Mortar Pl at Akamas — See Poachers' news on Pages 6, 7 and 19. Picture — Soldier Magazine.

Officer feels the heat in Beirut

Working under pressure, Lt Nigel Burrell was one of the three British Liaison Officers on duty for 24 hours at a stretch at the palace of Lebanese president Gemayel in war-torn Beirut.

There were also representatives from the countries involved in the multi-national force, a major or colonel from the Italians, a captain from the French army and a subaltern from the Royal Marines.

The task of our liaison officer was to pass on information concerning British Forces Lebanon and to write daily situation reports on the multi-national force. Lt Burrell reports that it was a busy and interesting secondment. The last few days before the redeployment were particularly hectic, especially when the palace was being rocketed or shelled.

On days off regular duty, Lt Burrell would go on mobile patrols with the 16/5 Lancers and visit Beirut Airport and the British base in an old block of flats near a tobacco factory.

The previous occupants had been Syrians and the building had a marvellous view over the whole of the southern suburbs where the Shiite Moslems had their main stronghold.

On the morning of the redeployment, Lt Burrell was at the palace and was picked up by the Force Commander, Col Peter Wooley, on one of the last British vehicles out of Beirut and also by the last Sea King out.

Having arrived back with the battalion in Cyprus, he packed his kit and went sailing off to Akamas.

The team are now preparing for the Army final in BAOR on 12 Apr against the winners of the BAOR final between 1 Greenhowards and 26 Engr Regt.

Support for the team has been sparse with the Battalion in Cyprus, but the team wish to express their thanks to the many members of the Regiment who have taken efforts, often considerable, to support them this season.

Changes for Territorials

The end of March saw changes in the appointments of three Deputy Honorary Colonels T.A. In Cambridgeshire Col "Ali" Barber handed over to Maj Dick Shervington, chairman of the Cambridgeshire TAVRA having served for many years in the Essex Regiment and with the 6th Battalion in Cambridgeshire.

In Lincoln, Maj Gen David Toler handed over to Col John Gleadell, originally a Lincoln but more recently CO 7 R Anglian and Deputy Commander 49 Inf Bde. Maj John Wetherall, late Northamptonshire and Royal Anglian, took over from Lt Col Dick Randall in Bedfordshire.

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Diary Dates

Please note the following changes from the Dec Castle:
27 Apr 3rd Bn Dinner Club
cocktail party.
20 Oct Past and Present dinner.



The Regimental Chapel at Warley — See Essex notes, Page 17

Mainly about people...

It is with deep regret and sadness that we record the deaths of these serving members of the Regiment. Our sympathy goes to their families and friends:

Major Paddy Ford was killed in a car accident in the Sudan just before Christmas. A Requiem Mass was celebrated at St Matthew's Roman Catholic Cathedral in Khartoum on 6 Jan by Father Luigi Cocchi assisted by Father Lawrence. The lessons were read by HE Mr R. A. Fyjis - Walker, Colonel C. H. Diamond and Mr. R. Collier and the Khartoum Singers took part in the service which was attended by many friends and representatives of the diplomatic, military and civil communities in Khartoum. A memorial service will be held at Farm St Roman Catholic Church, in London, at 11 am on 26 Apr and afterwards at the In and Out. Friends will be delighted to hear that Cynthia is recovering and is now walking on crutches and staying with her brother at Peyton Hall, Bures.

Capt Alastair Walpole, Adjutant of the 7th Bn, died in hospital on 5 Jan after a long illness. A funeral service attended by his family and many of his friends was held in Leicester Cathedral on 14 Jan.

LCpl Michael Wharton of the Pompadours died in hospital on 11 Feb. A funeral service was held at Southend-on-Sea on 20 Feb attended by Maj M. J. Menage representing the Pompadours, and Maj D. B. Riches representing the Regiment and OCA.

Congratulations to members of the Regiment honoured in the New Year's Honours List: CBE: Brig M.A. Aris, Col P.P.D. Stone;

OBE: Lt Col D.W. James; MBE: Maj D.K. Harris;

BEM: SSgt Sutcliffe, Sgt P.J. Coster, Cpl R. Blyth.

We welcome 2Lt W.T. Howard who has joined the



Maj P.C. Ford

1st Bn from Sandhurst and 2Lts M.D.C. Partington (1st Bn), B.A. Foster (2nd Bn), P.C. Newman (2nd Bn) and D.C. Simmons (3rd Bn) who have joined on SSLC for some six months prior to university. Also commissioned but still at Sandhurst on the graduate course are 2Lts P.H. Gaskins, M.G.D. Skingsley and T.M. Tilbrook.

Congratulations to WO1 A. Powell, D. Whitehead, R.E. Eke, P.P. Speakman, D.L. Coe and WO2 Fish on their selection for commissions in 1984-5, to WO2s Ludbrook, Bushbridge, Swaine, McGowen and McDonald on their selection as RSMs, and to WO2s Bear and Smith on being selected for RQMS.

Maj W.J.R. Scragg, who retired from the Royal Lincolnshire 1949, writes that he and his friend of 50 years standing, Lt Col J.G.M.B. Gough, are the only two officers still living who attended the 250th anniversary celebrations of the Royal Lincolnshire Regiment in Hong Kong in 1935. To his knowledge there are also four widows who were present.

Capt John Weigold of the Pompadours achieved a distinguished grading on the Mortar

Platoon Commanders' Course and Cpl Lander of the Poachers on his CPO/MFC Course. Congratulations to both.

Lt Richard Clements has been selected for the third leg of the Joint Services Expedition to Brabant Island, Antarctica from Nov 84 to Apr 85. The expedition will map the island's geology, study wild life, carry out a physiological study of men's reactions in severe conditions, make the first ascent of Mount Parry and circumnavigate the island by canoe. Lt Clements will take part in the circumnavigation expedition in a canoe sponsored by the Regiment in what is expected to be an extremely hostile environment. We wish him good luck and will publish a report in due course.

Capt Peter Lake, late of the Essex Regiment, has been appointed High Sheriff for Essex.

Lt Col Tom Dean leaves Senelager this year to take over as Commandant, Stanford PTA in Sep 84.

2Lt Nick Crawshaw followed up his outstanding success with the British Rifle Team in Canada by being selected to go to Australia and New Zealand. Lt Col Larry Orpen-Smellie, who has recently taken over as Area Secretary at Warley, accompanied the team.



Brigadier's birthday - See Lincolnshire notes, Page 18.



Maj (retd) Dick Sergeant

Lincolnshire Poacher tribute to origins

The Lincolnshire Poacher statuette was a tribute to Maj (retd) Dick Sergeant's regimental origins when he received the figure as a parting gift from Commander Rhine Area, Brig Dixon, and the HQ staff.

The presentation marked 46 years of continuous service with the British Army as a Royal Lincoln and latterly as the RO organising the Rhine Area Skill at Arms meeting each year. He is now retiring to Fleet.

Col Loftus celebrates 100 years.

On 11 Jan Col Ernest Loftus, CBE TD DL of the Essex Regiment, celebrated his 100th birthday in Harare and received the Queen's greetings from the British High Commissioner whose son, Martin Evans, was with the 1st Battalion.

Col Loftus was a dedicated member of the Regiment, joining as a cadet in 1910, serving in both world wars and retiring

in 1953. He was made an OBE following command of 6 Essex and was a Deputy Lieutenant for Essex from 1929. . .

After the war he continued his teaching career and was made CBE in 1975 for his social work. On reaching retirement age in England he went to Africa to continue teaching from which he eventually retired after 73 years at the age of 91, with entries in the Guinness

Regimental golf and Gathering

The annual Regimental Golf Meeting will be held on 29 Jun and the Gathering will be at Basingbourn on 30 Jun. Both are open to all members of the Regiment and Former Regiments and applications should reach RHQ by 10 Jun on the enclosed application forms.

Annual Golf Meeting, 29 Jun, 0930 hrs, Royal Worlington golf club. Entry forms from RHQ (Golf Society members will receive theirs direct).

Cricket match at Basingbourn 30 Jun 1045 hrs. Spectators should provide their own lunch but a free tea will be available.

Beating of Retreat by the Bands and Drums of the 1st and 2nd Battalions. Entry is free but by ticket only. 1830 hrs.

Reception for all ranks 1900-2000 hrs. £3.50 a head by ticket only. Wine and soft drinks will be served.

Buffet suppers will be available in the Officers' and Warrant Officers' and Sergeants' Messes at £4 a head (without wine) 2000 hrs. Tickets limited by size of messes.

Junior Ranks Disco, 2000 hrs. A supper and disco will be held in the NAAFI Junior Ranks Club. Entry by ticket at £1 a head.

Book of Records for being the world's oldest civil servant and for keeping a diary for 87 years. Maj John Keep represented the Regiment at the birthday celebrations in Harare and writes that Col Loftus is very fit and interested in Regimental events. Maj "Jonah" Jones also wrote with details.

The best wishes of the Regiment go to Col Loftus at the start of his second century.

Companion — an impressive bazaar of information

A Companion to the British Army 1660 - 1983" (David Ascoli, Harapp, £14.50)

The preface of this excellent book begins:

"The British Army is a singular institution". The publisher's introduction explains that "here for the first time in a single volume, is presented a record of this remarkable institution, a vade mecum* to its curious origins and complex developments". The book does not claim to be a history but rather a wide-ranging work of reference providing essential facts "about an elusive but fascinating quarry".

The introduction is as good a 57-page worth on the background to the Army as I have found anywhere. What follows in the rest of the book is a most impressive bazaar of information ex-

tending from battle honours to cap badges with some remarkable insights into the origins of the customs and practices which we now tend to take for granted. I found the "Anatomy of the Army" particularly interesting. In this part of the book, David Ascoli presents the lineage of individual regiments and corps of the Regular Army from their inception to the present and does it in a readily digestible manner.

There are, of course, limits to any work of this kind and the author has confined himself to the Regular Army.

The Volunteers, Militia and the Territorial Army are referred to only where they illustrate political rather than military attitudes, for example in the Second Boer War and in the

post-1946 era. Similarly, there is scant reference to the Indian Army or to former colonial regiments.

On a parochial note, David Ascoli has omitted the county names which were re-introduced for the three regular battalions of the Regiment in 1980. He has undertaken to put this right in a reprint which went to press last December. As a special treat for those who, like your reviewer, regard themselves as guardians of the Minden mystique, there is a peculiarly gingery mistake at foot of page 177. There, somehow, the 9th Foot is attributed with being one of those six unique rose-gathering French-dispersing infantry regiments while the 12th is omitted altogether. (The doctor tells me that I will be better

soon if I can just get my blood pressure down!)

That aside, I really enjoyed this book and I unreservedly commend it to all those who are nearer the beginning of their brilliant military careers than I am to mine.

*Not being over-confident that I fully understand the latin tags, I peeped into my Concise Oxford Dictionary. A vade mecum is a "handbook or other thing carried constantly about the person" - a sort of platoon commander's note book. While in no way wishing to split hairs over terminology, this work is no handbook though it ought to be as readily at one's elbow as possible for reference purposes.

JPM

E Germans remember — with poppies

Maj Tony Downes is serving in Berlin and writes:

"I was extremely fortunate to be invited by BRIXMIS to attend the Remembrance Sunday service at the First World War British Military Cemetery at Stansdorf, a small East German village about a mile south of the American sector of West Berlin.

The ceremony was started in 1971 when the cemetery was very overgrown. However, efforts by the War Graves Commission, the local British Military Government and BRIXMIS, in conjunction with the East German authorities, have produced a cemetery suited to the memory of those buried there.

Currently, participation at the Remembrance Sunday service includes representatives from the three battalions, the RAF, BRIXMIS, several Commonwealth Embassies or Missions in East Berlin and either buglers or pipers from one of the battalions, a gathering of 40 or 50.

One of the interesting facets of the service is the number of ordinary East Germans who come to watch each year and who wear the poppies distributed by BRIXMIS personnel. More than 1,000 poppies were given away to a demanding crowd in 1983. The service was simple with prayers, a reading, the silence and buglers of 2 Royal Irish Rangers and a hymn accompanied on occasion by a guitar. There are some 80 soldiers from our former Regiments interred in the

cemetery who died during 1915-18.

(Editor's note: Names have been sent to OCAs).

After the service we were taken for a tour of the Potsdam area which included views of Frederick the Great's vast Sanssouci palace. Parts of this building are still very beautiful and in good repair but the overall impression of Potsdam was a mixture of neglect and decay. There has been some effort made to improve the workers' living standards by the building of large blocks of very small, purely functional and totally uninteresting-looking flats. There were few people in the streets and no children — the exact opposite of a West Berlin Sunday afternoon where thousands of cheerful people take to the streets. The visit was very moving and interesting, giving a more accurate picture of life on the other side of the wall than the slightly false one which one sees in the centre of East Berlin.

League musters DCM holders

The Distinguished Conduct Medal League is organising a muster of DCM holders in the autumn of 1984 to celebrate the 130th anniversary of the award first instituted by Queen Victoria in 1854.

The president, Maj J.C. Cowley DCM, would like to hear from all holders so that he can let them know details of the get-together. His address is: 17 Lower Ward, Windsor Castle, Windsor, Berks SH4 1NJ.



From left, Tom Young, Col Mayo and Arthur Wright.

Get the halfpenny habit . . .

Tom Young (74) and Arthur Wright (68), of Peterborough, set off on a UK tour to persuade people to give their halfpennies to the Help the Aged Fund to buy new buses, wheelchairs and other equipment for the elderly. Messes and individuals are asked to save their pennings and halfpennies (a bottle on the bar?) and to pay them into any Abbey National branch (including NAAFI in Rheindahlen, Herford and Hohn) who will accept them for the Fund.

croft road, Leicester (0533) 27749.

Assistant — Maj E.P. Kelly DCM (until Sep 84).

Assistant — Capt A.R. Smith at Sobraon Barracks, Lincoln (0522) 25444, 29082 from Jun 84).

Warley — Blenheim House, Eagle Way, Warley, Essex CM13 3BN (0277) 213051.

Area Secretary (Bedfordshire, Hertfordshire and Essex)

Lt Col H.J. Orpen-Smellie OBE (usually at Kempston Barracks, Bedford on Tuesdays (0234) 50517 B Coy 6th Bn).

Norwich — Britannia Barracks, Norwich, Norfolk NR1 4HJ (0603) 28455.

Area Secretary (Norfolk, Suffolk & Cambridgeshire)

Lt Col A.W.J. Turnbull MC (usually at The Keep, Gibraltar Barracks, Bury St. Edmunds on Wednesdays.

Northampton — Gibraltar Barracks, Barrack Road, Northampton NN1 3RE (0604) 35412.

Area Secretary (Lincolnshire, Leicestershire, and Northamptonshire) Lt Col J.L. Wilson (most afternoons at Ulvers-

Consolidation completed

March saw the final stage of the Regimental Headquarters consolidation from seven to three outstations and a change of Regimental Secretary at Warley where Lt Col Larry Orpen-Smellie takes over from Maj Dougie Riches. The new organisation is:

RHQ — The Keep, Gibraltar Barracks, Bury St. Edmunds (Bury St. Edmunds Military Ext 38 or (0284) 2394.

Regimental Secretary — Col P.D. Blyth CBE.

Assistant — Maj A.G.B. Cobbold.

Secretary retires

Maj Dougie Riches retired as Area Secretary (Bedfordshire, Hertfordshire and Essex) on 2 Apr 84.

A pre-war TA soldier, Dougie served with Independent Companies and Army Commandos in Norway, Sicily and Italy, where he was mentioned in despatches. Commissioned in 1944 he served in Egypt at GHQ MELF, then Germany, Korea and Hong Kong with the 1st Battalion the Essex Regiment, finishing his service with three years at the All Arms Training Centre, Senne-lager.

He retired in 1962 and worked



for a branch of Thorn EMI until 1978 when he took over from the late Maj Tom Stead as Regimental Secretary, Essex. In 1983 he took over Bedfordshire and Hertfordshire affairs as part of the current reorganisation and it is largely due to his sound advice, hard work and practical, friendly approach to the many problems involved, that the reorganisation went so smoothly. He will be sadly missed at Warley and Bedford.

Well done, Bands and Drums

The four Bands and Corps of Drums do a great deal for the Regiment and for organisations in our counties, especially during the busy summer season. We receive many words of praise but space precludes printing them all. Typical of them is the following extract from a letter from Brig Stewart-Richardson, chairman of the Norfolk ABF.

"I would like to register how

much we owe the Royal Anglian Regiment which generously allows its bands to play for us. These bands have very full programmes and yet always manage to fit us in, making events more of a special occasion than they would otherwise be. We owe them a great deal and I will ensure that they know how much we appreciate what they do for us."

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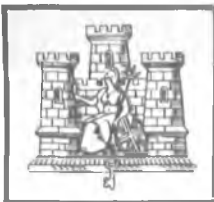
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News from the Vikings



Comd CBF, Maj Gen Sir Desmond Langley talks to the Int Sect and Capt Max Mariner.



Finger target indication for an SF team.

Training keeps up fast pace

The battalion's way of life has continued at its fast and demanding pace. Since the last Castle we have trained at Wathgill, RAF Greenham Common, Cyprus and, for a short time, in Oakington itself. At the beginning of October the battalion deployed to Wathgill for 11 days for a skill at arms meeting which included an inter company sniping competition. After some very fierce competition and disappointed appeals, Sp Coy won with C Coy a very close second. Despite the demands of being on Spearhead, the skill at arms meeting was most successful and a much-needed revision of our skills.

From 31 Oct to 5 Nov A Coy assisted by the Recce Pl acted

as enemy to 24 Inf Bde while Bn HQ were umpires. As enemy, A Coy's tasks were made much easier by some guards of Bde HQ who gave directions to the main CP! The subsequent attack caught a few staff of ficers by surprise as did another attack when 75 per cent of the echelon's vehicles were either captured or destroyed.

However, the 11th Armoured Cavalry, was not amused as an echelon umpire at having to manpack his own bergen and radio with the then dismounted echelon!

However, justice was soon forthcoming in the form of an unexpected redeployment to RAF Greenham Common on 6 Nov for a couple of weeks. Despite the interruption to the

training programme, the bitter cold and the tedious perimeter guard duty, morale remained very high.

There were no break-ins into our sector of responsibility. At the same time, a rear party of B Coy were hosting a visit by a company of the Italian Army "Lupe" Coy of 6 BCG. Their programme included advanced training in the Lake District, live firing battle handling exercises and a very successful trip to London.

The 21C, Maj John Sutherell, rearranged the cadre period so that on return to Oakington we were able to run some essential cadres. Life was extremely busy as the cadres covered most aspects of training from SF, resistance to interrogation, signals, survival, Pte to LCpl and an assistant NBC instructor course. This form of NBC course was not only a first for the Battalion but also is reported to be a first at unit level within the Army.

After a pause for breath for our first Christmas at home in three years, we plunged into Ex Royal Measure in Cyprus from 11 Jan to 25 Feb. Before we flew out, attachments joined us at Oakington from the Bermuda Regiment, our three TA battalions and various supporting arms. By the end of the exercise they had seen more of Cyprus than perhaps they had expected!

Cyprus did not live up to the selective memories from 1972. Every company suffered at least two or three days of monsoon rains but without loss of humour. The exercise was arranged so that each company had a fortnight's dry training, five days adventure training and R and R, seven days range work and live firing, finishing with a seven-day battalion exercise. For

Continued on Page 5



CO, Lt Col Tony Calder and OC A Coy, Maj David Phipps, share a joke.



LCpl Eales explains to Comd CBF that it is the rain that makes the hats grow!

News from the Vikings

Skills and tactics polished

Continued from Page 4

most the dry training was a misnomer although it is rumoured that CSgt Elba-Porter's sun-tan was acquired before the exercise and not at base camp. This first fortnight's training was a very useful period for the companies to become accustomed to the short sharp hills of Cyprus after flat East Anglia and to train themselves in the basic skills and tactics of conventional operations.

During this phase, B Coy trained on assault boats. Unfortunately the rough weather during their assault beach landings caused Pte John Hansen to try and bring his boat ashore on his back rather than wading up to the beach. Luckily he suffered only a minor knee injury.

The facilities of the Adventure Training Centre were well used and included skiing, canoeing, rock climbing, golf and water skiing. There were also coach trips around the island. One of the most popular was a four day visit to Jerusalem. One particular boat trip across will long be remembered as Cpl Dave Hurd and others took over the ship's band until four hours after the band should have stopped playing.

C Coy's range period began with two days at Dhekelia where the highlight was not the inter section shoot but the sports competitions against the Poachers. Many thanks to the 2nd Battalion for looking after C Coy so well.

From its range period, each company then went by RPL or Chinook for live firing at Akamas. These five days consisted of section and platoon attacks, ambushes, tank stalks, demolitions and ended with two days of company attacks. Most enjoyed this demanding period although no-one will have



A tired WO2 Colin Stubbs needs a little more cam on top.

fond memories of Akamas, particularly the range safety team who spent five muddy weeks there under canvas.

The final phase was the battalion exercise which started with a two-day defensive position before a move up to Akamas. The battalion advanced some 20 km from one end of Akamas to the pe-

ninsual tip. Although we tried to climb all the hills in the area there were one or two we missed and there was a noticeable lack of volunteers to attack the remainder.

The exercise finished with two days of battalion level operations of live firing in which companies assaulted various enemy positions while being fired on by another, a very impressive reminder of just how much fire power is available to a company. Morale was kept at a high level by the Recce Pl when, in an attempt to secure a beach landing site they sank off shore in seven metres of water. OC Recce Pl, Lt Nigel Spinks, had a total sense of humour failure but this was balanced by the considerable amusement amongst everybody else. We hope that Sgt Shid Cutter, the Recce Pl sergeant, has got over the "bends" by now!

From Cyprus we returned to UK for 10 days leave before to the ARU in March and another busy training period including deployment to Canada in May for another six week exercise period.



Pte Meager, of 5th Battalion, prepares to cover his platoon.



Above, Pte "Mole" Polkey, of C Coy in yet another sangar.



CSgt Elba-Porter and a new defence section kitted up and ready to go.



An SF fire support base.

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News from The Poachers

Farming team-the best jobs in Cyprus Sector 2

Although the titles of "Humanitarian Team" or "Farming Team" are usually guaranteed to reduce the uninitiated to hysterics the team members have the best jobs in Sector 2. The team, consisting of Capt Robert Edmondson-Jones, WO2 Dave Jones and CSgt Pete Leighton have a varied and interesting time as the work is a combination of a social worker, land agent and diplomat.

The team is rarely seen in St David's Camp as most of its time is spent in the UN Buffer Zone liaising with farmers and

of the Buffer Zone is split neatly into two with arable farming in the east and citrus fruit production in the west. In the Buffer Zone all economic activities are maintained and controlled. They range from approving extensions to existing farming, gaining permission to drill for water, approving building plans and monitoring the local industries. On one hand they can be seen organising the escorts for an Armenian funeral, whilst on the other they can be seen 'flying the flag' at local weddings! Much of the work is done in the local coffee shops which has led to the concept of "coffee-shop diplomacy".

Once a week the humanitarian aspect comes to the fore and a food and general resupply convoy is taken to the displaced Greek Cypriot and Maronite communities in the north of the island. This work is done on behalf of the UN High Commission for refugees and the Red Cross. Every two weeks the Turkish Cypriot Communities in the south of Cyprus are visited as well.

It is a fascinating, complex and ever-changing job. It is sad to see CSgt Pete Leighton going to the TA and we look forward to seeing citrus groves in the Ipswich area in the near future. His place in the team is being taken by Sgt Alan Nichols.



Cpl Davis briefing his patrol at Akamas.



Pte Chris McMullan on his way to raising £1,000.

Windsurfing, sailing and some work too . .

As these notes were being written, the sun was shining, soldiers were windsurfing, waterskiing and abseiling. Some were at Troodos skiing, others field firing at Akamas, whilst the more serious were on a cadre of one type or another.

For the first three months, A and D (Sp) Coys were based in the Eastern Sovereign Base Area (ESBA), responsible for guards and duties at Dhekelia, Ayios Nikolaos as well as the patrolling and manning of OPs. B and C Coys were "on the line" in Sector 2 of the United Nations in St David's Camp, west of Nicosia, the Box Factory at Pano Zothia, manning 15 OPs across a 35 kilometre frontage.

A composite platoon from D (Sp) Coy consisting of Mortars, Milan, Asstl Pns and Recce are detached to the training wing for specialist training. HQ Coy are split between the UN and ESBA.

The Band is having its usual hectic time, being the only one on the island. The drums are carrying out duties at the Morphou Checkpoint and look as smart as ever. The highlight of the tour for both Band and Drums was the Medal Parade on 23 Mar held on the deserted runway at Nicosia International Airport - floodlit of course!

On 22 Dec the Poachers held a welcome-to-Cyprus party when 200 guests saw a stylish re-actment of the Battle of Soobraon. The performance went without a hitch thanks to the brilliant organisation of Maj Mike Chambers who has now sadly departed to be 21C of the RBMR in Brunei. Also at this time we welcomed Maj Tony

Domiesen to the fold and said "au revoir" to Maj Peter Barnes, who was posted to HQ SW District.

The Christmas festivities took on the normal format with both officers and sergeants serving Christmas lunch, a "line tour" by the CO and RSM dispensing whisky, church services at the Box Factory and St David's Camp and, of course, mutual visits to the officers' and sergeants' messes. In addition there were welcome visits from Radio Orwell, Leicester and Northampton recording Christmas messages for both soldiers and their families.

Pte Chris Mc Mullan marched 50 miles on Christmas Day to

raise money for Halstead leukaemia girl Charmaine Cook. He started his marathon walk at 0400 hrs and a big reception party saw him finish the course at Alexander Barracks 13 hours later. He has raised nearly £1,000, a fine effort.

The next major event was the UN Rifle Meeting, held at the Box Factory on 100 Jan. Conditions were perfect and the results speak for themselves with the Poachers first overall out of nine teams. The winning score of 425 points was a UN record - another Poachers success story. LCpl Scarboro and Sgt Anderson tied for first place in the Rifle Match and Pte Melville and

Continued on Page 7



Lady Creasey presents one of many prizes to LCpl Scarboro



The winning team at the UN Rifle Meeting.

News from The Poachers

Sobraon Day

Continued from Page 6

Cpl Kilby for first place in the SMG competition. Thanks to Capt David Greenfield and Sgt Anderson for training the team so well.

Sobraon Day was celebrated in the Box Factory with an enjoyable potted sports day. Thanks go to C Coy for organising it and the barbeque, so well.

In February, the highlight of the month was the visit of the Colonel of the Regiment, Gen Sir Timothy Creasey and Lady Creasey to the battalion. Their hectic two-day visit included trips to Turkish Northern Cyprus, the 1st Battalion at Akamas and visits to the UN and Dhekelia parts of the battalion. On 14/15 Feb the battalion SAAM was held at Akrotiri with D(Sp) Coy emerging as the winners for the second year running, followed by C, B, A and HQ Coys. LCpl Scarboro became the Champion at Arms and is now wearing the badge proudly having taken six magnificent trophies. Lady Creasey also presented prizes to:

GPMG Pairs - LCpl Scarboro, Pte Browne; Section match - D(Sp) Coy; Pistol individual - Sgt Nunn; Pistol team - B Coy; SMG Individual - LCpl Scarboro; Pte Melville; SMG team - D(Sp) Coy; Rifle individual - LCpl Scarboro; Rifle team - D(Sp) Coy; Falling Plate - C Coy; Best Class A shot - LCpl Scarboro; Best Class B shot - Pte Melville; Best officer - Maj Domeisen; Best SNCO - Sgt Nunn; Best YO - 2Lt Westmacott.

Cadres, TEWTs and courses continue to be run in great abundance by the Training Wing in Dhekelia. The Potential NCOs cadre, which started on the 2 Jan, with 24 starters reached a very satisfactory conclusion on Sobraon Day and an upgrading cadre and a section commander's tactics cadre were also held. Rumour has it that WO2 Tom Wesley will manage a fleeting visit to TROODOS before too long. The best student on the PNCO's cadre was LCpl Vince Walker (Drums Pl) and the most improved LCpl Giles (C Coy).

We have been visited comprehensively over the last three months by all manner of people with many more to come. As well as the Colonel of the Regiment we have seen Generals Greindl (UNFICYP Commander) and Arthur (DPS Army) as well as Mr. Neville Bergen, Director of Field Operations from New York. We look forward to seeing Maj Gen and Mrs John Akehurst, Brig Rickett, our new Commander of 19 Inf Bde, and Gen Sir Frank Kitson, Commander in Chief.

When you read these notes Companies will have changed over and B and C Coy, will be enjoying the merits of being by the sea while A and D(Sp) Coy will be patrolling the line. R and R is in full swing with some of the married men returning to Colchester, some bringing their wives and girlfriends out to Cyprus and lots of men visiting a variety of places in the Eastern Mediterranean Egypt, Israel, Greece, or Cyprus itself.



D(Sp) Coy - winners Bn SAAM.

Time flies. The 40 Cdo recce party have already been and gone with just a touch of a sun-tan to prove that they were here. We have two Poachers away on HMS Hermione, our affiliated frigate. More volunteers are expected for future

May. Two sailors will join us shortly in a reciprocal visit.

Adventure training has been in full swing from the very start under the ever-watchful eye of Capt Rodger Antolik. So far, more than 200 Poachers have taken part in organised skiing, water skiing, climbing abseiling, sub aqua, gliding, parachuting, canoeing and equitation courses.

Man with an eye for birds

LCpl Howard, HQ Coy writes that Cyprus is well-known for its sunshine, its wine and to a lesser degree, its birds.

Because of its position in the Mediterranean it attracts both spring and autumn migrants. The spring migration starts towards the middle of March and continues until the end of May. The spring passage brings to the island such birds as the Ruppells Warbler, the Cyprus warbler, Cyprus pied wheatear and Eleoneras falcon to name but a few.

Cyprus is also unique in that it has seven species of bird found nowhere else in Europe. These include the Cyprus coal tit, Cyprus Jay and the Cyprus Scops Owl. These are unique by the fact that they are all larger and darker in colour than their counterparts in Europe.

More Poachers' news on Page 19.

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PREMIUM BONDS



The Colonel of the Regiment talks over old times with Capt Brian Newman.



News from The Pompadours

Ceremony to mark Army links forged with town

The Pompadours exercised their right to march through Colchester with bayonets fixed, colours flying and bands playing on 18 Nov. The ceremony was arranged to mark the close links forged between the battalion and the regimental garrison town of Colchester and as an opportunity for the Pompadours to bid farewell to our home for the last four years. It was almost four years to the day that we last marched through Colchester on our arrival home from Northern Ireland. Four Guards, led by the Band and Drums, marched from Meeanee Barracks to the Town Hall and back. The Salute was taken outside the Town Hall by Brig R.L. Peck, Commander 19 Inf Bde and the Mayor of Colchester. A small civic reception was held in the town hall after the march.

Civic dignitaries, with guests from the remainder of 19 Bde and Eastern District were entertained by the officers at a cocktail party held in Meeanee Barracks on 1 Dec.



Lt Col Alan Thompson leads the battalion on the farewell march through Colchester.

CO says goodbye before Minden move

It was in July 1975 that the Pompadours left Paderborn, the last time the battalion served as a mechanised battalion in Germany, and by 16 Jan were once again back in the role.

After several months of mechanised conversion training, mainly at Bordon, and continuation training at Colchester, we took over Elizabeth Barracks at Minden from 1 RRF on 16 Jan 84. It would appear that the Pompadours made the move from Meeanee Barracks, Colchester to Elizabeth Barracks, once before, in 1951 when the Essex Regiment moved to Minden as part of 33 Lorried Infantry Brigade.

Before moving we said farewell to Lt Col Alan Thompson, who had commanded with distinction since Aug 81. Colonel Alan and Ginty have gone to Zimbabwe for three years and we wish them well there. The

new CO, Lt Col Colin Groves, took over just in time for the battalion to take embarkation leave. His sense of timing has remained just as acute ever since, as you will read later.

On arrival at Minden, we spent two weeks getting used to the APC's and confirming the details of those Bordon Courses. The drivers and crews were handed over to the LAD for a concentrated course in APC

operations. Interspersed with vehicle maintenance we received a series of lectures from the RMP, the Service Liaison Officer and the RAEC, to help orientate us for the next several years in Germany.

After this first two weeks training, the battalion began a trickle system of mechanised training and tactics at Haltern. Each company in succession loaded their APC's on railway flats at Minden station and tra-

velled down to Haltern. Unfortunately for some, the only accommodation available was a tented camp.

During the Haltern training, the crews of Battle Group Headquarters attended the Battle Group Tactical Trainer at Sennelager. As well as exercising the "Kremlin", the Company Commanders and their teams took part as "Movers". The week's training was very worthwhile, not only giving the Command Post operators early experience of controlling battles BAOR style but allowing time for a first class Defence TEWT. Whilst there the Officers were kindly entertained by the resident Royal Anglians - Lt Col Tom and Jane Dean and Maj David and Sue Thorogood.

After another week's training under Capt Peter Randall and the RSM, Battle Group Headquarters and the Echelon CP



Lt Col Colin Groves takes over Elizabeth Barracks from an ex-Pompadour, Lt Col Pat Shervington, under the watchful eyes of their respective RSMs.



Handover/takeover! Lt Col Alan Thompson handed over the battalion to Lt Col Colin Groves who hands Meeanee Barracks over to Lt Col Ian Lewis, 1 KOSB.



"The Beasts" - the battalion prepares for the first call out.

News from The Pompadours



The RSM, WO1 Eke, manoeuvring his ferret and...



...the adjutant, Capt David Clemments, digs it out for him.

Shooting Success

After coming third in last year's army final of Match 83, the 4 PMG SE competition, the Pompadours are well on the way to doing even better this year.

The team has again been trained by Sgt Keith Smith, ably assisted by Cpl Steven Knifton and after two weeks concentrated shooting training at Colchester and Stanford was in fine fettle and ready for the Eastern District championships, determined to do well in the face of competition from the two other Royal Anglian battalions.

On 13 Oct Sgt Smith took the team to Fingringhoe ranges and, with his heart in his mouth, watched an excellent performance fired without a stoppage which set the other

teams a very high target to overtake. The HQ Eastern district report on the competition commended the battalion on its excellent performance, again bettering the score from previous years, and commended the armourers for the condition of the guns and tripods.

The scores were very good. With a possible score of 260, LCpl David Richards and Pte Graham Trainer scored 240, and LCpl Alan Surry and Pte Peter Easterbrook scored 220. The final score of the team was 1495-375 in front of our closest rival. The final order of merit and prizes are due to be published once the KOSB have fired, but we feel very confident that our team will be returning to Warminster to carry away the cup.

Continued from Page 8

took part in the 11 Arm'd Bde CPX, Exercise Kold Start. With temperatures of minus 10 almost every night, the exercise name seemed most apt. The exercise took place in the Minden - Lubbecke area and the considerable amount of movement involved gave all commanders experience in mapreading and local orientation. One point to come out of the exercise was that either the Germans build new roads at a prolific rate, or the maps are not often updated. Many times commanders were completely perplexed at finding a major road across their front, which was marked on the map as a forest track! At one stage when operating as "step-up" the 21C, Maj Peter Dixon, was heard to utter over the radio "I think we had better meet at GRID -----, the ground around here bears no relation to the map!" - and, of course, we believed him.

When the command element returned from the exercise, we began a concentrated cadre period. Training Wing ran Potential NCO's, NCO's Tactics and Assault Pioneer cadres. Signals platoon ran one for radio users and the MT for APC drivers, while the mechanised companies held upgrading courses for their own cadres.

Anyone who escaped could relax - the new Commanding Officer is generous to a fault!

We had our first practice call out for exercise Active Edge on 22 Feb to practise the procedure for rousing all members, loading up vehicles and moving out of camp. The exercise went very well, everyone turned up and although one or two of the B vehicles were "off the road", all APCs got out of camp (no small achievement when one considers they are older than most of the soldiers inside them!). The aim of the exercise was achieved and we did not have to wait long for the first "no-warning" call out.

It was "the morning after the night before" for the officers. They had been entertained by 2RGJ until what turned out to be bedtime and getting up time combined. The CO wanted to see a worst case situation - mission accomplished!

Next month, the battalion moves to Soltau, where the last four months preparatory work will be put into practice and where we intend to run an inter-platoon competition in readiness for the divisional competition later in the year.

It will not have escaped anyone's notice that the pace of life in BAOR is unchanged. However, the work is interesting, we are making time to organise sport and our social lives and we have every intention of enjoying Minden to the full. Stand by BAOR - the Pompadours have arrived!



"Don't do that to my company!" Maj Robin Chisnall and Maj Julian Rawlins watching the action during a BGT battle.



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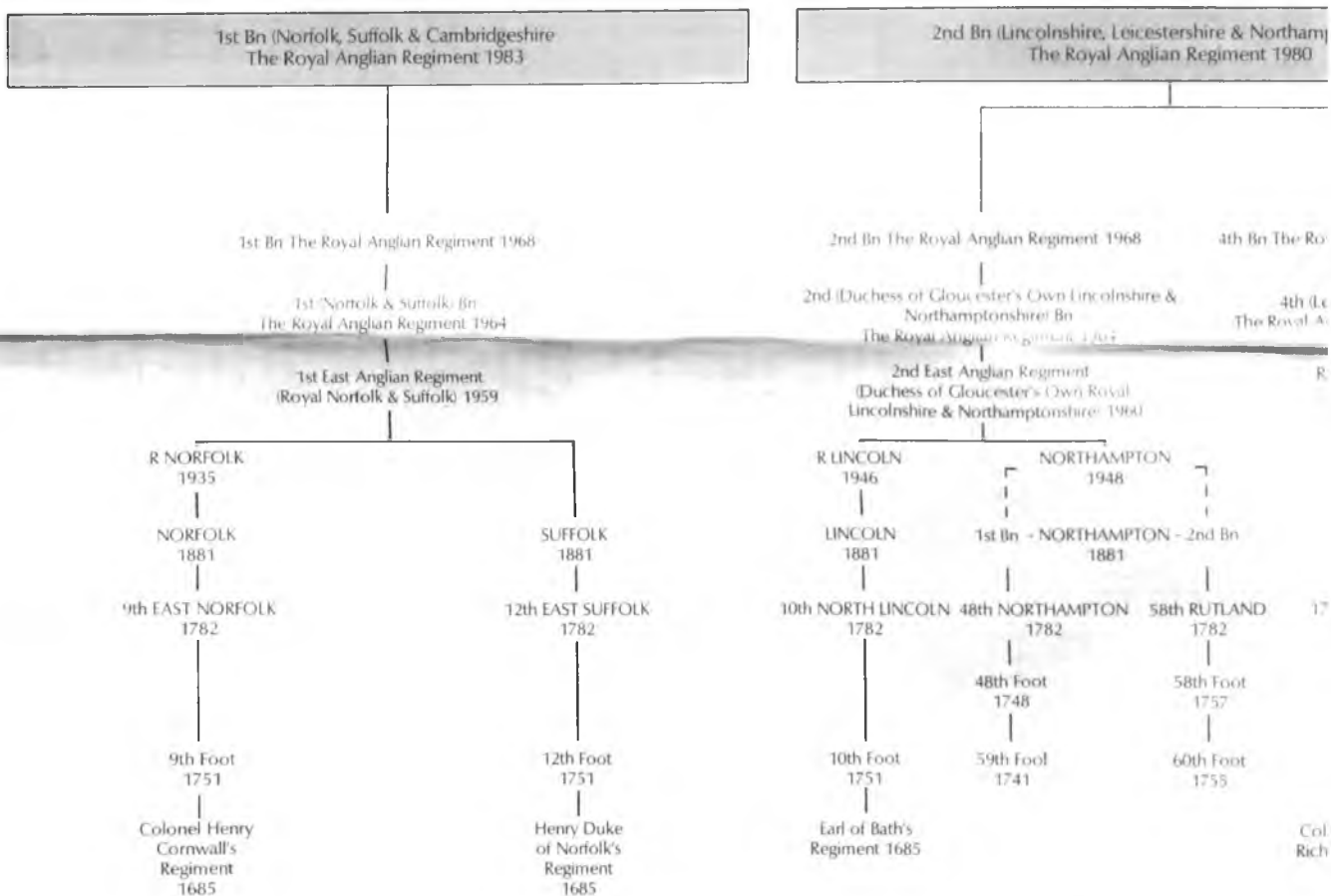


Track breaking. Members of A Company practising for the track-breaking competition, won by 3 Platoon.



HOW IT HAPPENED ... OUR HISTORY

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ROY

AND PRESENT ORGANISATION.



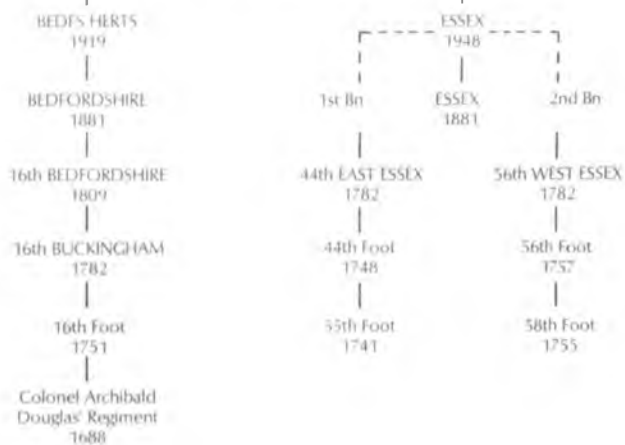
3rd Bn (Bedfordshire, Hertfordshire & Essex)
The Royal Anglian Regiment 1980

5 R ANGLIAN 1967
6 R ANGLIAN 1971
7 R ANGLIAN 1971

3rd Bn The Royal Anglian Regiment 1968

3rd (16th/44th Foot) Bn
The Royal Anglian Regiment 1964

1st Line Anglian Regiments
(16th/44th Foot) 1958



As we were





News from the 5th Battalion

Individual training to fore



Above, the Mortar MFCs prepare to move. LCpl P. Ball, Pte B. Claydon and LCpl Redington.

During 1983 the Battalion concentrated on individual training, culminating in the many cadres at Battalion and Brigade level at Annual Camp on Salisbury Plain. We are now into a period of unit training, leading up to Exercise Lionheart this September.

November and December 1983 were used largely for those necessary and potentially bountiful – at least to members of the TA – events of PWT and APWT, BFT and ICFT interspersed with field firing, platoon training weekends and social events.

Among the latter was our last official event to mark the 75th Anniversary, a well-attended cocktail party held at the Wellington TA Centre of 2 (Northamptonshire) Coy on 19 November.

In the run-up to the Christmas/New Year break all companies and the WOs and Sgts Messes held dances and Christmas draws and there

were several events for children.

The New Year started with a bang on the weekend of 7–8th Jan when four companies took to the field, in addition to centralised shooting, team training and a recruit selection weekend at Colchester. Our role on Exercise Lionheart is likely to involve a considerable amount of FIBUA, and companies are making use of the Longmoor training facility and other sites to prepare.

HQ Coy, based at Peterborough, went to Longmoor in January. They decided that the training would be improved if they could make use of a different enemy, whose standards and possibly tactics, would be new to them. They were therefore pleased to take with them an enemy provided by 352 Military Intelligence at USAF Alconbury.

Our American colleagues were to occupy a few of the houses which HQ Coy had to identify

and clear and the exercise was designed to be fairly free-flowing.

It all sounded simple enough but, as so often happens in battle, it was not. Although the enemy was only ten strong, they had thought out their tactics well and HQ Coy found them conducting a fighting withdrawal from house to house.

In the end, the friendly forces were made to clear the whole of one of the streets at Longmoor, during which time they really learned several valuable lessons about FIBUA. Our thanks to 352 Military Intelligence for their spirited defence, which made the exercise really valuable.

A problem faced by the Battalion is finding pastures new. We train so often on a limited number of convenient training areas that we can never be sure to what extent the map reading capabilities of the longer serving members of the unit are tested.

This problem was solved by 3 (Essex) Coy in February by going to Suffolk to use facilities offered at RAF Woodbridge and RAF Bawdsey. On the latter, the Station Commander allowed use of an area which provided a reasonable site for FIBUA work. 4 (Hertfordshire) Coy will also be making a change in April when they exercise on the Norfolk Broads.

In February, a recce party led by the CO went to Germany, to study our ground for Exer-

cise Lionheart. For most of the Battalion this will involve the use of unfamiliar territory. This made the recce doubly important and it was a pity that the movement plan required most of the group to spend four days in travelling for three days of recce. Also, of course, the weather in Germany in February is not necessarily the best – sitting Milan posts in snow or mist can be difficult.

We were lucky in being accommodated by the 3rd Battalion in their new home in Minden where we were well looked after and enjoyed renewing many friendships. Our thanks go to Lt Col Groves and all who made us feel so welcome.

We were then faced with the two-day journey home, including a repetition of that stimulating experience of travelling in convoy across Holland at an average speed of under 30 mph – on motorway!

An air move could also have posed problems. We were led to believe that the CO, Lt Col Paul Long, was on a flight due to land reasonably conveniently in Lincolnshire. However, it was diverted to Oxfordshire and to head their way back on its way from the original destination and would only take four hours to catch up.

With planning and training for Lionheart well under way, and with all our other commitments to meet, the Battalion has embarked on another busy and promising year.

Remembrance parades

As always, the Fifth Battalion was pleased to play an active part in Services of Remembrance in the towns where its Companies are located. Apart from honouring those who have fallen in the service of their country, these services remind the public that the TA is a part of the community. In all our locations the services are followed by a reception for local dignitaries, or representatives of the Company are invited to a reception at the Civic Centre.

In 1984 there were two departures from our normal tradition. 1 (Suffolk) Coy decided to prepare for their parade in a novel and energetic way. On

the day before they took their ICFT but the Company was still able to parade to its normal high standards; any blisters were not allowed to affect them.

The other change occurred over the weekend before Remembrance Day. Maj Nick Kelsey and men of 4 (Hertfordshire) Coy had decided to honour men of the 1st Battalion, The Hertfordshire Regiment who had fallen in the Battle of Festabert, France, in May 1915. A group of 40 people, including representatives from the East Hertfordshire Council, Hertford Town Council the OCA and 4 Coy, travelled to France, where the group visited several of the cemeteries

where the Hertfordshire men are buried, laying poppies on the graves. At Festabert, the Mayor, M. Sickle, the town band and many local residents turned out and gave them a very warm welcome. The high point of the formal events was a parade and special service at Le Touret.

On their return, members of the Coy agreed that the visit had been memorable. As they said, "It was a sobering thought to see the rows of graves of men who had fallen over a very short period of time. It gave us some indication of the horrors of a war which we cannot really imagine and hope we will never have to experience."

BEM award

Sgt Fred Costen, PI Sgt with 7 Pl, 3 (Essex) Coy was awarded the British Empire Medal in the New Year Honours List. Sgt Costen, aged 34, has been with 3 Coy since 1979, although he was attached to the Coy before that. He has previous service both as a Regular and TA member of the RCT.

It is with great regret that we have to report that his wife, Yvonne, never heard of Fred's honour as she died last December, following a long illness. Our sympathies go to Fred and his family, together with our congratulations on his Award.



Mortars bedding-in, Pte Whitworth and LCpl Reeve.

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News from the 6th Battalion

TV crew sets pace at HSF exercise

The early months of this year have been mainly concerned with Company training designed to improve individual skills, promulgate upgrading boards and selecting and training Company shooting teams. Christmas and New Year cobwebs were quickly blown away at Grantham over the weekend 7-8 Jan. When the 54 Inf Bde Study Weekend, "Training the Trainer", involved 35 officers and SNCO's from the Battalion. After a series of lectures in the morning from ASMT, lunch was followed by an energetic PT display in the gymnasium. The audience were then put through their paces and those officers who were successful in the

Highly successful Brigade dinner night. The following morning a T&WT was held at Barkston Heath for 21C's. What should have been a rather straight forward HSF exercise at Yardley Chase over the weekend 11-12 Feb turned into something completely different - almost Anglia TV had expressed a wish to make a half hour programme on the HSF and thus Lt John Churchill's sequence of events revolved not around his exercise scenario but around the TV crews and the appearance of Lord Trefgarne.

The weekend of 25-26 Feb saw Bn HQ at Bury St Edmunds taking part in the latter stages of the HQ UKLF CPX on Exercise Stagecoach. During the course of the weekend all who took part learnt a great deal. The CO's repeated requests for the local purchase of several expensive items met with deaf ears. OC Recce Pl is also to be congratulated on rewriting the Army's signals procedures in less than an afternoon!

Our links with Gibraltar continue to blossom. At the time of writing a composite company under the command of Maj David Reed, OC D Coy, are on the Rock for the annual fortnight of Exercise Marble



Tor. They have been visited by the CO and are awaiting the arrival of the Mayor of Bury St Edmunds.

On the theme of exercising overseas, we must thank the Vikings for inviting our volunteers on Exercise Royal Measure. From reports, all enjoyed themselves tremendously, learnt a great deal and were full of praise for the professionalism and expertise of the Vikings. Similar reports have filtered through to Bn HQ from our contingent currently in Cyprus with the Pouchers.

B Coy's footballers continue to reign supreme in the EDIST TA Football Cup. This year they won it for the third year running, again beating E Coy 3 WFR (V) in the final. Unfortunately their progress was halted in the National Competition by 119 Recovery Coy REME (V). Each company entered a team in the EDIST cross country competition and special praise must go to B and D Coys who came fourth and fifth respectively. Individually, 2Lt Andy Wadman (C Coy) was third with Sgt Scott (B Coy) fourth, while in the women's event, Cpl Oleszczuk was second despite an injured knee. The PSI's who run are also to be congratulated, as is OC C Coy.

C Coy shooting team have won two large cups in the TARA Non-Central Competition. Under CSgt Ron "I shall win Binley this year" Mortimer, his team won both the ETR

and LMG/GPMG matches. In the only match they didn't win - the SMG - they were third.

As regards personalities, two PSI's have returned to their respective Battalions - T S.

We say farewell and thank you for all your efforts. To Sgt Andy Thomas and CSgt Bill Ves-

sey, we extend a warm welcome with the hope that they will soon find their feet.

Further congratulations are due to Richard Pattison who finished 1st in the TA

Shooting Course at Sandhurst in Jan and our nine sledging officer cadets (eight male and one female!)

C Coy winners TARA ETR match. Back row: LCpl Leonard, Pte Stock, Cpl Linney, Pte Canning, Pte O'Ford, Pte Cassidy. Front row: CSM Ransome, Sgt Cockayne, Cpl Harper, CSgt Mortimer, Sgt Brown, Cpl Northcote, CSgt Game.

Museums request items of interest

We are fortunate that there are seven regimental museums housing historical items collected over many years by our predecessors. However, while admiring the past, it is all too easy to forget that the items which we regard as common place may be of great interest in years to come.

It is Regimental policy that existing museums should be used to display new items or to store them until display is possible. Battalions and individuals should contact RHQ or their area secretary (see page 00) for advice as to where to send items of potential interest. Battalions, in particular, should ensure that tours of special interest are covered.

Our museums are there for you to visit. Why not call in when you are passing Britannia Barracks, Norwich, The Keep, Gibraltar Barracks, Bury St Edmunds, Subraon Barracks, Lincoln, Abingdon Park, Northampton, The Magazine, Leicester, Luton Museum, Watlington Park, Old Bedford Road, Luton, Oaklands Park, Moulsham Street, Chelmsford.



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HQ: Lincoln Company, 10, London, Northampton and Northampton

THE TERRITORIAL ARMY - IT PAYS TO BELONG!



News from the 7th Battalion

Award for soldier in daring rescue bid

The battalion was delighted with the award of the Royal Humane Society's Testimonial on Vellum to Cpl Peter Simmonds for his bravery in rescuing Pte Graham Cottingham during the battalion's expedition to Iceland, Exercise Arctic Fox II.

The skiing team of the expedition descended from the Vatnajökull having successfully travelled to the Grimsvötn crater and back. Their path to the vehicle party, led by Cpl Simmonds of the Assault Pioneers, was blocked by the much swollen Tungnaá River – a formidable obstacle legendary among Icelanders for its speed and turbulence. After waiting for the waters to subside the team began to cross using a safety rope. Pte Cottingham found himself in difficulties as the current swept him off his feet. Cpl Simmonds plunged into the freezing water without a safety rope and, wading through treacherous water, succeeded in dragging him to safety. But for Cpl Simmonds' prompt and selfless act, Pte Cottingham would certainly have suffered serious injury and may have been in danger of drowning.

The award to Cpl Simmonds was due to be made by the Lord Lieutenant for Leicestershire, on 17 Apr.



Pte Peter Holton, of D (Northampton) Coy, plays the waiting game.

Adjutant's untimely death mars season of happiness

Christmas comes but once a year – "Thank God" is the heartfelt cry from the 7th Battalion. Neither pocket nor stomach could cope with anything less than 12 months recuperation. The company parties, soldiers' Christmas dinner, Sergeants' Mess Christmas draw were all a resounding success. The only word which could possibly describe the cabaret put on by Mr/Miss Linda Grant and her 37 musical instruments.

The only cloud on the horizon overhanging this season of festivities was the illness and subsequent death on 5 Jan of the Adjutant, Capt Alistair Walpole. His funeral in Leicester on 12 Jan was a very sad occasion, but will long be remembered by the 250 relations, friends and colleagues who attended the service in Leicester

Cathedral and burial at the Gilrose Cemetery as a fitting mark of respect for a most capable and popular young officer.

The battalion has derived great pleasure from the award in the New Year's Honours List, making 2IC, Maj David Harris an MBE for his long and outstanding work for the TA and also the award of the Royal Humane Society's Testimonial on Vellum to Cpl Peter Simmonds.

December saw the battalion's traditional Inter-Platoon March and Shoot competition, won in fine form by 3 Pl (Grimsby) led by 2Lt David Cox.

The increased strength of the battalion was demonstrated by the strong teams put in by every platoon and the panache with which each man completed. Since it was very much a team event, typical TA initiative was applied to the problem of helping the weaker brethren to keep up. WO2 Freeman wins this particular prize

for his "leading the cow to market" technique.

The New Year started with a roughly-tough weekend at Wathgill. Among activities designed to whet the volunteers' palates was an Officer Cadet training weekend, with the emphasis on the assessment of leadership qualities. The endurance march, the command tasks, the administrative difficulties and the "little surprises" were designed to keep everyone on their toes. Helped by the snow and ice, a few tumbles were taken, although everyone survived after a fashion. Capt Richard Lane and Ian Elliot on their first weekend back with the TA after nearly nine years lay-off rather regretted volunteering to assist as DS. At least they now have one good pair of legs between them!

The weather did not prevent more than 400 members of the battalion going to Beckingham for a weekend of individual skills tests on 28 and 29



OCdt Bill Graham, abseiling.



CSgt Catterick issues live rations to OCdt Nigel Pennington.

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Maitre d'Hotel Lt Col Hugh Lambert serves Christmas dinner to members of the 7th Bn.

Leicester Mercury

THE ARMY'S LINK WITH HOME

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News from the 7th Battalion

Victory at Platoon March and Shoot

December 1983 started with a bang with 3 Pl (Grimsby) winning the battalion Inter-Platoon March and Shoot competition at Beckingham, thus keeping the cup in the company for the second year. On 17 Dec the Officers and Sergeants' Mess again held a highly successful Christmas Dinner Night in the Drill Hall - more than 80 sat down to dinner including the Mayors of Scunthorpe and Grimsby.

January saw the arrival of WO2 Jim Freeman from B (Lincoln) Coy in the post of CSM. Welcome also to OCdts Ellis, Middleton and Walkup. Also in January eight A Coy soldiers were in Cyprus with 1 R Anglian (Ptes Masniuk, Fenwick, Ritchie, Ormsby, Crosskill, Doyle, Drewett and Denford). Training in January carried on apace with field firing in Arctic conditions at Wathgill and the first Bounty Earning Weekend at Beckingham. February saw an APMT weekend at Wathgill and the OC departed for the Lionheart Recce in BAOR.

We have processed 33 soldiers through their RISC weekends and 16 of those through recruit cadres. The company has been well represented on the Bn Recruit Cadre with four squad instructors, CSgt Catterick and Sgts Bee, Gooderham and (congratulations!) Sheardown.

The end of February saw the arrival of Sgt Steve Wilkinson from, and the departure of CSgt Alec Richardson to 1 R Anglian. Congratulations to WO2 Jim Freeman on the birth of his son, William.



Maj Alan Hemmings helps his 3 (Grimsby) Pl celebrate success in the Inter-Platoon March and Shoot.

1984 brings changes

Continued from Page 14

Jan. Maj Gen Toler, the Deputy Honorary Colonel for Lincolnshire, paid his final official visit to his companies on 29 Jan and took the salute at the passing-out parade of our Recruit Cadre on 25 Feb. He will join us socially later in the year.

The beginning of 1984 sees a number of changes in the battalion. We say farewell to Maj Mike Bookcock who leaves us to

go to Washington. In his stead as Training Major, we welcome Maj Peter Williamson, hot from the Saxon project in London. We can say without fear of contradiction that he will notice the difference. Capt Lamb takes over as Adjutant once he has completed his JDSC course, a post which has been temporarily, but very successfully filled by Capt Bob White, the incoming Officer and Capt Paul Denny, on loan

from the Regimental Information Team at Bassingbourn. WO2 Dodds, who has been Chief Clerk of the battalion for so long that he nearly qualified for the Territorial Efficiency Medal, has now left to run his pub. We welcome WO2 Lindsey from the 3rd Battalion in his place.

Army Dress Committee

Currently No 1 Dress is issued to WOs and SNCOs and Mess Dress is optional. The Army Dress Committee has been considering the possibility of withdrawing part or all of No 1 Dress in favour of a grant towards the purchase of Mess Dress. Unfortunately pressure on finance has prevented any change at present, but the Army Dress Committee will reconsider the possibility of a grant if funds become available.



The RSM, WO1 G.N. Taylor, weighing in for the March and Shoot. WO2 J.G. Proud has to agree.



"When we were Cavalry we never did it this way!" Sgt Timms, of LDY (Loughborough) Coy.

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Salamanca Company News

As Salamanca Company is a training unit, members never manage to go on exercises to Kenya or Canada and don't often get sent away to war. Nevertheless the excitement of seeing Junior Leaders shape into soldiers is incentive enough and there is a fine crop of young Royal Anglians preparing to join their battalions this year.

The J/Cpl Coopers of this world are the ones to watch – soon to strengthen the Pompadours' rugby team having played Junior Army Rugby this season.

Having waved goodbye to Maj Pepper, control of the company for the time being has been lost to the Queen's Regiment and Maj David Carter. However, the CSM's post remains in the family although soon we will be waving goodbye to WO2 Taylor (1st Bn), who is off to sunnier climates, and welcoming WO2 Thurston (3rd Bn).

The great debate of the moment is which battalion's Regimental Day should be celebrated? Junior Leaders are not allocated to battalions until af-

ter six months training and, unlike the Queen's or the Fusiliers, there is not an overall Regimental Day. Resources are limited, and it is not possible to celebrate all the Royal Anglian Battalion Days. It looks as if the 3rd Battalion will win as the company is named after the marvellous battle honour that the Pompadours celebrate.

Resources are a problem here and any help from battalions is gratefully received. Good photographs always seem to be difficult to get and recent picture of battalion personalities (CO, Adj, RSM etc) would be a great help.

The summer season is approaching and Junior Leaders are being parcelled off on trips such as Ex Sea Breeze (Sailing), Ex Snow Cross Minor (Skiing), Ex High Easter (Mountaineering) and, of course, Bagshot Park. Between adventure training and sport military training is fitted in and the next batch will leave at the end of May as fully fledged young soldiers. We wish them the best of luck.



Bermuda Handicaps (from l to r), Capt N. Richardson (21) and WO2 M. Abbott (28) Vikings, WO2 G. Halewood (24) and WO2 R. Travis (14) Poachers.

Dreaming of Bermuda

From Capt N.J. Richardson

A posting to the Bermuda Regiment is often dreamt about and frequently volunteered for. However, regrettably only those lucky enough to get to the island possess any detailed knowledge of one of our Affiliated Regiments.

The aims of the Regiment's first article in Castle are to explain the Regiment's rules and year's activities and secondly to bring to readers' notice the requirements for training assistance from both loaned instructors and overseas attachments to Regular Units.

The Regiment's primary role is to assist the civilian police in the maintenance of law and order. However, its tasks are more widespread so that a year's activities often read like a division's forecast of events. A few will be covered.

Ceremonial occasions are perhaps the Regiment's most visible activity, with four major parades and eleven Beat Retreat ceremonies taking place from April to November each year. Royal and VIP visits usually increase this number. The public also take great interest in the annual Recruit

Camp in January when 200 conscripted young men attend two weeks of intensive training faithfully covered by the local media. Meanwhile, those soldiers who are in their second and third years of service annually exercise overseas in either Jamaica or Camp Lejeune in North Carolina, and during their training year, can expect weekend test exercises and a rigorous FFR test week controlled by the British Defence Staff Washington.

Progressive training for all varies from JNCOs cadres to overseas attachments with units such as the R Anglian in Belize (Feb 83) and the Lincoln and Welland Regiment in Canada.

Limited space precludes further elaboration but it can be seen that additional instructors are frequently required to assist the overworked loan service personnel of one officer plus 3 WO2 and the Bermudian training (not Q) staff of one officer, one WO2 and two CSgts.

The Regiment is keen to maintain its close ties with the Royal Anglian Regiment – started in the 1st World War with the Royal Lincolnshire

Regiment – and therefore specifically asks for R Anglian instructors and Loan Service Personnel. Annually four recruit camp (Jan) instructors and two RSLs for the overseas camp (Feb-Mar or Apr-May) are requested. Occasionally extra range staff for Camp Lejeune are required and last year Lt J. Dean and Sgt Boucher, of the Vikings, gave assistance.

The "package" is attractive. Return civilian airfare, a living allowance, no living expenses and free transport in Bermuda. Instructors can also stay as long as they wish – units permitting of course. It is therefore hoped that units can spare volunteers so that they may benefit from the valuable experience of training part-time colonial soldiers in a unique environment. Rent-free accommodation for holidays can also be made available.

To conclude, the Regiment is very grateful to all the battalions plus Queen's Division staff who have both accepted Bermudian personnel on attachments and provided high quality instructors. The value of this association is inestimable and it is hoped that the tradition continues.

News from 10th Foot

We were pleased to receive from Col Vincent Kehoe copies of *The Springers* – the journal of the American Contingent of 10th Foot.

Readers will remember that in Nov 82 Castle carried a description of the Poacher's links with the American 10th Foot and in Aug 83 a photograph of Lt Col Leo Lynch presenting a portrait to the Poachers in Colchester.

We are always glad to hear news of the Contingent and look forward to meeting them again shortly.

S.S.A.F.A. Royal Homes

The S.S.A.F.A. Royal Homes for Officers' Widows and Daughters, Queen Alexandra's Court, St. Mary's Road, Wimbledon, SW19 7DE, comprises 75 self-contained, well-fitted, unfurnished, centrally heated flats and flatlets on a mature four-acre site in gracious surroundings.

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Further particulars may be obtained from the Warden (Tel: 01-946 5182).

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End of era as Anglians return from Brecon

A period of strong Regimental representation at Brecon is coming to an end.

From left to right, Capt Dick Harrold returned to the Poachers in March after two years in the Junior Division. The Commandant, Lt Col John Houchin, moves to the Quality

Assurance Directorate in March to supervise the introduction of the new range of small arms. WO2 MacDonald, who has served with nearly all the Regular Battalions, is going to try something different when he takes over as RSM of 10 UDR.

Capt Simon Bacon, from the Pompadours, is now Adjutant of the 5th Battalion after two years with Junior Division, while CSgt Dave Goude (extreme right) returns to the Poachers at the end of the year. In the meantime he will continue to urge his squad of reluc-

tant SNCOs over Pen-Y-Fan in Ex Fan Dance, for which he holds the record.

The departures will leave Viking Pte Gus Goosey as Regimental representative. Volunteers to restore the balance at NTW should apply to their CO's.

News from the branches



SUFFOLK



CAMBRIDGESHIRE

Regimental Associations' events in the summer 1984 are:
Whittlesey Branch annual meeting - 20 Mar 8.00 pm - ACF Hut, London Road Drill Hall, Peterborough.

Suffolk & Cambridgeshire Officers' Dinner - 7 Apr (to be confirmed) 7.00 pm - University Arms, Cambridge.

Annual Dinner/Dance The Suffolk Regiment OCA, Bury St Edmunds Branch - 13 Apr 7.00 pm - Barrow Village Hall.

Meeting - The Suffolk Regiment Council - 25 Apr 10.30 am - Gibraltar Barracks.

Social - Buffet Dance - 11 May 7.00 pm - The Maltings, Ely.

Regimental tent Suffolk Show - 30/31 May - Suffolk

Show Ground, Bucklesham.

The Cambridgeshire Regiment OCA Reunion - 17 Jun 2.00 pm - Ely.

Meeting - The Suffolk Regiment OCA Annual Meeting - 23 Jun 11.00 am - Limes Hotel, Needham Market.

Minden Dance OCA Bury St Edmunds Branch - 28 Jul 8.00 pm - Blenheim Camp, Bury St Edmunds.

Dinner - The Suffolk Regiment Officers' Dinner Club - 28 Jul 7.30 pm - Angel Hotel, Bury St Edmunds.

The Suffolk Regiment Annual Reunion 29 Jul 11.30 am - Gibraltar Barracks.

Freedom Parades - 1984:

The 1st Battalion is to visit Ipswich on 13 Jul and Cambridge on 17 Jul to exercise the Freedoms. Details of the ceremonies will be published in due course through the respective Old Comrades' Associations.

Veterans Return to Normandy - Plans are well advanced for a party of some 90 former members of the 1st Battalion. The Suffolk Regiment to undertake a commemorative tour in Normandy to mark the 40th anniversary of the landing in Normandy on 'D' Day 1984.

The Suffolk Regiment Association is most grateful to the successful efforts of Mr F N Matthews, a former D Day platoon commander in the 1st Battalion who has arranged the tour.



ESSEX

Next year will be the 60th anniversary of the dedication of the Chapel of the Essex Regiment on 1 Mar '25. This was a unique occasion because no other infantry regiment of the line has a specially built chapel. In 1842 Warley Barracks became the depot of the Honourable East India Company. At first the riding school had been used for church services, as is shown by a recommendation of the Commandant dated 13 Mar '43, "that the riding house should be allowed to stand, as it would prove very useful as a place of worship".

When the barracks was extended in 1855, the plans included the erection of the present chapel, built in 1857 to the design of Sir Matthew Digby Wyatt. The chapel, to seat 600, was built at a cost of £2,147, the largest sum that the Commissioner for Affairs of India was prepared to sanction.

After the disasters of the Mutiny in 1857, the entire administration of India passed into the hands of the Crown, the East India Company Regiments becoming part of the British Army and in 1861, control of Warley Barracks passed to the War Office.

The Cardwell reforms of 1870 followed and in 1873 the depot companies of the 44th (East Essex) Regiment and the 56th

(West Essex) Regiment, the "Pompadoours", were brought together at Warley. They were accompanied by the depot companies of the East Essex and West Essex Militia. Thus was established at Warley a regimental centre for the regular and militia regiments of the county of Essex.

The early grouping of regiments raised in the county led logically to the major reorganisation of 1881, when the system of county regiments was inaugurated, the 44th and 56th Regiments becoming the 1st and 2nd Battalions, The Essex Regiment, while the Essex Rifles and West Essex Militia became the 3rd and 4th Battalions of that regiment.

Warley Chapel has regimental connections as far back as 1873, but the earliest memorial to the regiment is a brass plate on the north wall, giving the names of those of the 56th Foot, the "Pompadoours", who fell in the Nile Campaign of 1884/85.

In the ensuing years, the interior of the chapel was enhanced in beauty by the gifts of stained glass windows, furniture and the laying up of Colours. All the furnishings have been dedicated as memorials to the towns, villages and individuals, by those who presented them.



Top: The interior of the Essex and 3rd Battalion chapel at RHQ, Warley. Above: View of the exterior.

During their tour in Colchester, the 3rd Battalion held three Armistice Day services at 11am on 11 Nov, filling the Chapel to capacity, evoking memories of the past for the Old Comrades present.

If any Castle reader would like to visit the chapel and they happen to be in the area, they are welcome to do so, just call at RHQ in Eagle Way. A service of Morning Prayer and Holy Communion is held on the first Sunday of every month, when visitors are welcome, both to the service and to the social gathering afterwards.

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News from the branches

With winter behind us, we look forward to the Summer Calendar 1984.

Royal Norfolk Officers' Club - Dinner and Luncheon at the Norfolk Club. 1/2 Jun.

4th Battalion Officers' Club - Dinner at the TA Officers' Mess, Norwich. 13 Apr

4th Battalion OCA Dinner - St Edmunds Hotel, Gorleston. 14 Apr.

Commemoration Church Service - In the Regimental Chapel, Norwich Cathedral. 29 Apr at 10 am.

Royal Anglian/Royal Norfolk, Regimental Tent - At the Royal Norfolk Show. 27/28 Jun.

London Branch of the Regimental Association - Annual dinner dance at the Geoffrey Chaucer Inn, Westminster Bridge on 12 May. Please contact Mr Bill Seymour. 15 Bandon Rise, Wallington, Surrey SM6 8PT. Telephone: London (01) 669 6632.

Freedom Parade - The 1st Battalion will visit Yarmouth on 10 Jul '84 for a joint Freedom ceremony with HMS Yarmouth. The ceremony will include the presentation of the Freedom of the town to HMS Yarmouth in the presence of the Royal Anglian Regiment who will exercise their Freedom of the Town given in 1963.

Park named after Regiment - The Dutch town of Helmond has invited some 30 former members of 1 R Norfolk to celebrate the 40th anniversary of its liberation by the Battalion in Sep 44. To mark the occasion, the town will name a local park after the Regiment and the commemorative plaque is to be unveiled on 25 Sep '84.

Reflections on Volunteers - Accuse me of eavesdropping if you like, but I happened to overhear a conversation the other day which rather annoyed me. I was sitting having



NORFOLK

a quiet half in the King's Head at Dereham when I suddenly became conscious of a couple of old boys engrossed in deep discussion about the volunteer spirit in the 80's.

Whether their thoughts had been channelled in that direction by the proximity of the Dereham TA Centre, conveniently next door, or not I do not know, but the fact was that they were be-moaning the lack of obvious signs that the young men of today were prepared, like their fathers and grandfathers before them, to stand up and do something about defending their country should the need arise.

Such phrases as "you never see 'em around - there can't be any".

Making allowances for the double generation gap, some of the things they said were true. It is a sad fact that "there aren't many of 'em about". I forbore to interrupt and bend their ears but what they said did set me thinking. If you happen to be in the know you are ~~sure to~~ ^{sure to} ~~will~~ ^{will} ~~know~~ ^{know} who there seem to be so few Terrans in Norfolk.

Perhaps, though, to the outsider it seems to demonstrate a lack of spirit among our young people? To those of an older generation who recall the 30's I suppose the pathetically small display put on by today's TA at Remembrance Day parades and the like, must surely serve simply to reinforce a sense of degeneration or display a degree of apathy.

Of course, in the good old, bad old days between the wars there were many more TA soldiers about. There were Drill Halls in almost every town, large and small, throughout the county. The Norfolk Yeomanry stood at Regimental strength and the Royal Norfolks could boast two TA battalions spread across the county. The total number of TA soldiers in the county at that time probably amounted to something in excess of 3,000 men.

Sadly it is a different story today. A succession of defence cuts and reappraisals of the role of the TA have led to a drastic reduction in the size of the units based in the county. Instead of perhaps a dozen Drill Halls scattered round the county there are now only four TA centres at Norwich, Swaffham, East Dereham and Thetford.

The Norfolk Yeomanry has but a single gun detachment in Norwich and Swaffham; A (Norfolk) Company, 6th (Volunteer) Battalion, the Royal Anglian Regiment has the honour of being the sole infantry unit in the county with men at Dereham, Norwich and Thetford and there are small detachments of a General Hospital, RAMC (Volunteers) and of the Royal Signals at Norwich.

To return to my eavesdropping, those two old men should know that all these remaining units are well up to strength, small though that strength is and this, I would suggest, is much against the odds. Look at it this way: In their day there was a drill hall "just round the corner" for any young man, anywhere in the county. What happens today if you live in Lynn or near Beccles or over at Winterton? Well I'll tell you. You travel to Norwich or Thetford or Dereham and many of our young volunteers do just that every drill night!

The Volunteer spirit is very much alive in Norfolk today.



Salute from Ted Cox, Dave Houghton and Fred Tomkins for Mr Robinson and Mr Deamer. Picture - Bedfordshire Times.

Officers' Reunion - Our annual get together will be held at Sobraon Barracks, with an Officers' dinner night on Saturday 12 May 84 and a Regimental cocktail party and curry lunch on 13 May.

A notice will be sent to all those on our present mailing list. If there are any other takers, please contact RHQ Lincoln.

Branch Dinners - Our three strongest Branches hold dinners every year, at Lincoln in Feb, Grimsby in Mar and Grantham in Jun. Members of these branches, who live out of the county should contact their branch secretaries for details.

Memories, some happy, some sad, came flooding back to 86-year-old Harry Deamer when three men from the Home Service Force visited him recently.

Mr Deamer, who is a 1914-18 war veteran, was a notable military musician in his time and the three men from the Bedford Platoon brought with them a drum from the TA centre in Kempston, a special treat arranged by Ward Sister Anne Harrison of Clapham Hospital's Lansbury Ward, where Mr Deamer is a resident. It was not only memories that flooded back and the old expertise took hold as Mr Deamer handled the drum-sticks and beat out a tune or roll.

Mr. Deamer was at the Royal Military School of Music and a



LINCOLNSHIRE

Retirements - Mrs (Binkie) Lawson, our OCA secretary, will be retiring on 31 Mar 84. She has worked in Sobraon Barracks, Lincoln, for the past 42 years, the last 23 with the Regimental Association. We are all sorry to lose her and wish her a very happy retirement.

Deaths - Maj Tom Beard, MBE Jan 84; Mr Chesney, Feb 1984; Mr. F. Goodge, Oct 83; Maj J. Harrod, Nov 83; Mr. E.

Harris, Dec 83; Mr. F. Rose, Dec 83.

Birthdays - Brig R.H.L. Oulton, CBE will be 80 on 24 Apr 1984. He was commissioned into the Lincolnshire Regiment in Aug 24, and retired after 34 years' service in 1958. He was appointed Colonel of the Regiment in Oct 58, Colonel of the 2nd East Anglian Regiment in 1960 and Deputy Colonel of the Royal Anglian Regiment in Sep 64, finally retiring in Jan 66.



BEDFORDSHIRE & HERTFORDSHIRE

bandmaster in the Bedfordshire and Hertfordshire Regiment. The drum brought to him was from the museum at the TA headquarters and was in use with the Regiment at the time Mr Deamer was bandmaster.

Another old soldier, also in Lansbury Ward at the hospital is Mr Charles Robinson, 92, who served in the 1914-18 war with Mr Deamer and can clearly remember details of his service in France, Belgium and Italy.

He joined the 3rd Volunteer Battalion of the Bedfords

1908 and served as a regular soldier from 1909 to 1922. During the war he was in combat at the Somme and Ypres and remembers one of the first tanks ever used, with caterpillar tracks at the front and wheels at the rear.

The Home Service Force team at Clapham Hospital were Cpl Ted Cox, L/Cpl Dave Houghton and L/Cpl Fred Tomkins. Their visit also brought another interesting fact to light, for Mr Robinson's grandson John is now a private in the Bedford platoon of the Home Service Force.



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News from The Poachers



Gen Greindi inspects the quarter guard on his first visit.

Bandsman's Scout award

Bdsm Graham Bandy (19) will be going to Windsor Castle while on R and R to be presented with the highest award

the Queen's Scout Award.

Bdsm Bandy, who comes from Dustin, in Northampton, has been in the Poachers' Band for two years and besides his interest in various forms of music, is keen on horse riding, folk dancing, the theatre and the Proms.

It has taken Graham four-and-a-half years to qualify for the award, during which time he worked with the mentally disabled, studied local politics and drug abuse. He also worked for the Northampton Archaeological Development Unit Corporation.

The more traditional side of Scouting, camping, and youth hostelling has taken him to France, Holland, Germany, Austria, Switzerland, and Luxembourg. We wish Bdsman Bandy a very successful day on 29 Apr.

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Sobraon Day



Above: The band plays at Sobraon Day re-enactment

Left and below, scenes from the re-enactment of the Poachers' famous battle.

Regimental shop

Ash Trays Heavy Clear Glass engraved badge	£ 1.98p
Ash Trays (glass)	£ 1.10p
Blazer Badges	£ 4.15p
Blazer Badges - OCA Lapel - R. Anglian	£ 1.00p
Bookmarks - Drummer Pattern, Red, Blue, Black Green & Luxol	£ 0.40p
Clipboards	£ 3.50p
Cocktail Coasters (set of 6)	£ 3.00p
Collar Badges (Offrs)	
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plus R. Anglian Drummer - single	£ 0.40p
Large print of R. Anglian Drummer	£ 0.50p
Large print of The Queen Mother	£ 2.67p
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Paperback	£ 1.00p
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Desk - insert 1984	£ 2.60p
Desk - scribble pads refill	£ 0.32p
Planner - Case	£ 0.40p
Planner - Insert (sold separately) 1984	£ 0.35p
Dinner Mats - Prints of Former Regts Soldiers	
Drummer, Cherry or blue border. set of 8	£27.20p
Flags - Regimental R. Anglian	£14.76p
Glasses - Sherry (set of 6)	£ 4.58p
Glasses - Wine (set of 6)	£ 5.08p
Glasses - Beer mugs 1 pint	£0.92p
Glasses - Beer mugs 1/2 pint	
Heavy Glass, Engraved Badge	£ 4.75p
Head squares (Ladies) with R. Anglian badge in corner	£ 2.20p
Hip Flask (leather cased) R. Anglian badge in gold	£ 6.60p
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*All prices subject to manufacturers' increases.

NOTES:

1. All prices include VAT.
2. Postage extra for orders from overseas; rates on application to RHQ.
3. Orders together with remittance to cover, to RHQ, The Royal Anglian Regiment, The Keep, Gibraltar Barracks Bury St. Edmunds, Suffolk. IP33 3RN
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SPORT...
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SPORT...

Results are good for Depot Sportsmen

The Depot has been well represented by members of the Regiment in many sports.

[P]te O'Toole has excelled himself on the squash court. Having won the Queen's Division U25 competition in November he reached the Army U25 semi-final stage in January and is now rated as the No 1 Army junior player and has a bright sporting future ahead of him.

We have a full rugby football fixture list and a much improved record of results with notable wins against both the 1st and 3rd Battalions. The opportunity to play the 2nd Battalion never came our way so we were unable to make it a hat-trick of wins. The team, ably led by Lt Bill Wilmott number no fewer than eight regular Royal Anglian team members and has reached the final of the Eastern District Minor Units Cup.

Cpl Ryan (3rd Battalion) has produced excellent results orienteering as well as running in the most successful cross-country team which, having demolished all Eastern District and Area Minor units opposition, was placed 7th in the Army Championships. Cpl Reeve (also 3rd Battalion) is also a member of the team as well as playing, together with five other Royal Anglians in the Depot football team.

The Depot hockey XI has had some mixed results with disappointment in the Army Cup but have reached the quarter-final stage of the Infantry Cup where they were to meet 1 RWF in March. Sgt Taylor (1st Battalion) Sgt Robinson and Cpl Morris (2nd Battalion) and LCpl Edmunds (3rd Battalion) play regularly and are key members of the squad.

Anyone for cricket?

Match managers for the following matches would like to hear from anyone wishing to play:

5 May, Fitzwilliam College, Cambridge (Maj Slater);

30 Jun, Regimental Gathering, Basingstoke;

1 Jul, Haileybury, at Colchester (Maj Davenport);

8 Jul, Oundle at Colchester (Lt Col Browne);

9 Jul, Greshams at Oakington



CSgt Dexter, the Poachers' Chief Clerk, came first in the 15-mile AYNIK Dash



Lt David Napier, of the Poachers' going well at the 14-mile point in the AYNIK Dash



Officers v Sergeants, Christmas 83 - Lt Peter Hogg does the twist! Guess who won 5-3!



The Poachers' ski team in action after a four year lay off!

(Maj Slater);

11 Jul, Framlingham at Framlingham (Maj Hipkin);

12 Jul, Felsted at Felsted (Maj Davenport);

15 Jul, Edward Evans Lombe in Norfolk (Lt Col Goldschmidt).

It is hoped to arrange matches against Uppingham (Lt Col Browne) and Bancrofts (Maj Jefferson) but dates are still to be arranged.



The RSM makes a grand jump for the Poachers against the Royal Canadian Regiment.

The Poachers continue to enjoy a great selection of sporting opportunities. There are thriving and successful teams in hockey, basketball, rugby, cross country, skiing (3rd in the Cyprus ski competition) football and several others.

However the boxing team continues to be the flag carrier for the battalion. The intermediate team was eliminated at the UK semi final stage by 1 DEERR after a very close-fought match, but an excellent win by six bouts to three against 2 R Irish on 22 Feb secured a place in the UK final of the novices competition to be held at Catterick on 15 Mar when we fight 1 King's Own Border.

Resounding win for Pompadours



The CO presents Pte Andrew McKay with his prize after the last cross-country run. Pte McKay was placed first overall in the Eastern District League.

The Pompadour cross-country team had a quiet season, only entering one major competition. Individuals, however, took part in several non-central competitions, including the Brightlingsea run, where all the Pompadour runners came in the top 20.

To a certain extent, the move from Colchester was rather ill-timed for Capt John Rourke's squad, since we left before the Eastern District Championships took place, and arrived in Minden after the 4 Armd Div event.

The one major event competed for in Colchester was the district cross country league, entered by all major and minor units in the area. The league comprised of 12 fixtures, with the best eight results to count for each team. The result was a resounding victory with the Pompadours placed first in all eight races. In most races the battalion had between seven and nine runners placed in the top ten, achieving an overall weekly average of 31 points! Always to the fore, and managing to clinch the overall winner's position was Pte Andrew

McKay, who has since left the battalion for the Depot. Pte Darrel Maynard and LCpl Richard Smith were placed third and fifth overall, but were unable to compete in the required seven events, so unfortunately did not qualify for prizes. Other runners included Pte Steve Owen, who was always in the first four or five, LCpl Martin Brewer, who through a navigational error by the front pair, found himself first and never lived it down, LCpl Coleman, who improved his position from 24th in the first race to fifth in the last, Pte Peter Sibbet always in the first dozen, and the evergreen Cpl Jim Devaney, who can still show a clean pair of heels to many of the younger members of the team.

The cross-country season has ended but the Pompadour runners will be keeping in trim for next year with a number of fun runs and one or two marathons.

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