



**Norfolk and Suffolk**  
NHS Foundation Trust

## Veterans' Wellbeing Support Group



### **Bury St Edmunds**

**When:** Tuesdays 11am-1pm

**Where:** Combat 2 Coffee , Con Club, Guildhall Street, Bury St Edmunds, IP33 1PR

### **Ipswich**

**When:** Wednesdays, 11am-1pm

**Where:** Combat 2 Coffee, 8 Northgate Street, Ipswich, IP1 3BZ

### **Norwich**

**When:** Fridays 1-3pm

**Where:** The Matthew Project, Next Steps Centre, 70-80 Oak Street, Norwich, NR3 3AQ

### **Thetford**

**When:** Mondays 11am-1pm

**Where:** Steam, Tanner Court, Tanner Street, Thetford, IP24 2BQ

### **Sudbury**

**When:** Thursdays 11am-1pm

**Where:** Love Toast Café, 10 Old Market Place, Sudbury, CO10 1TL



**To find out more about any of these groups contact Veterans Integrated Service via email [nsftVIS@nsft.nhs.uk](mailto:nsftVIS@nsft.nhs.uk)**